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Town of Waterford

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Board of Finance
Budget Hearing Minutes

Wednesday, March 4, 2026
Town Hall Auditorium 7:00pm

Present: Chairman Glenn Patterson, Bill Sheehan, Michael Rocchetti, Robert Tuneski, Joseph Filippetti, Ann Peabody, Jerry Fischer

Elected: Rob Brule, First Selectman

Staff: Kimberly Allen, Finance Director; Betsy Ritter, Ethics Committee Chair; Dani Gorman, Human Services Administrator Youth & Family Services & Senior Services; Terry Wheeler, Assistant Director Senior Services; Heidi McSwain, Human Services Coordinator Youth & Family Services & Senior Services; Meaghan Lineburgh, Senior Services Assistant; Joseph Trelli, Program Coordinator Youth Services; Mindy Stone, Administrative & Intake Specialist; Ryan T. McNamara, Director Recreation & Parks, Timothy Cieplik, Program Coordinator Recreation & Parks; Nolan Clack, Program Coordinator; Rebecca Hall, Admin Assistant Finance Office/BOF Recording Secretary

Other: Jennifer Muggeo, Director of Health, Ledge Light Health District (Conservation of Health); Karen DeSantis, Director of Home Care Services (Public Health & Nursing Services)

1. Establishment of a quorum and call to order:
   A quorum was established and a call to order was established at 7:00pm, March 2, 2026

2. Public comment:
   a. Helen Kwasniewski of 227 Bloomingdale Rd, Quaker Hill submitted a written comment to the Board of Finance regarding her opinion on the budget and were read by Chairman, Glenn Patterson. The written comment is attached to these minutes.

   An opening statement regarding the budget process was made by Glenn Patterson, Chairman.

   Standing Motion: was made by Bill Sheehan and **seconded** by Joseph Filippetti to waive motions to consider the budget by series and tentatively act on the bottom line budget requests for FY26/27. Michael Rocchetti will make the motion on all budgets and Joseph Filippetti will second the motion.

   Vote: 7-0-0 **Motion: Passed**

3. **Ethics Commission Budget:**

   Motion by Michael Rocchetti and **seconded** by Joseph Filippetti to approve the Ethics Commission budget request for FY26/27 in the total amount of **$900** designated by the Series Subtotals above.

   Letter submitted by Board of Finance member Michael Rocchetti attached to these minutes.

   Vote: 5-2-0 No: Rocchetti, Tuneski **Motion: Passed**

4. **Conservation of Health Budget:**

Motion by Michael Rocchetti and **seconded** by Joseph Filippetti to approve the Conservation of Health budget request for FY26/27 in the total amount of **$160,368** designated by the Series Subtotals above.

Vote: 7-0-0 **Motion: Passed**

5. **Public Health & Nursing Services Budget:**

Motion by Michael Rocchetti and **seconded** by Joseph Filippetti to approve the Public Health & Nursing Services budget request for FY26/27 in the total amount of **$17,280** designated by the Series Subtotals above.

Vote: 7-0-0 **Motion: Passed**

6. **Miscellaneous Social Grants:**

Motion by Michael Rocchetti and **seconded** by Joseph Filippetti to approve the Miscellaneous Social Grants request for FY26/27 in the total amount of **$122,825** designated by the Series Subtotals above.

Vote: 7-0-0 **Motion: Passed**

7. **Youth and Family Services Budget:**

Motion by Michael Rocchetti and **seconded** by Joseph Filippetti to approve the Youth and Family Services budget request for FY26/27 in the total amount of **$292,078** designated by the Series Subtotals above.

A supplemental data packet for the budget was submitted to the Board of Finance and is attached to these minutes.

Vote: 6-1-0 **No: Sheehan** **Motion: Passed**

8. **Senior Citizens Budget:**

Motion by Michael Rocchetti and **seconded** by Joseph Filippetti to approve the Senior Citizens budget request for FY26/27 in the total amount of **$528,682** designated by the Series Subtotals above.

A supplemental data packet & additional data sheet for the budget was submitted to the Board of Finance and is attached to these minutes.

Vote: 6-1-0 **No: Sheehan** **Motion: Passed**

9. **Recreation & Parks Budget:**

Motion by Michael Rocchetti and **seconded** by Joseph Filippetti to approve the Recreation & Parks budget request for FY26/27 in the total amount of **$1,608,405** designated by the Series Subtotals above.

Vote: 7-0-0 **Motion: Passed**

10. Adjournment:

Motion by Robert Tuneski and **seconded** by Michael Rocchetti to adjourn the Budget Meeting of the Board of Finance at 8:25pm.

Vote: 7-0-0 **Motion: Passed**

Respectfully submitted,

Bill Sheehan, Clerk

Rebecca L. Hall, Secretary

Attachments: (1) Helen Kwasniewski Public Comment
(2) Letter from Michael Rocchetti regarding Ethics Commission
(3) WYFS Program Growth, Trends and Analyst for WYFS Afterschool Programs
(4) Program Growth, Trends and Analyst for WSS
(5) Human Services Data and Trends FY23 to FY25

BOF Budget Hearing
March 4, 2026
Helen Kwasniewski

ETHICS COMMISSIONS:

The chairperson as well as chairperson to these sub-committees should be make sure that there is NO CONFLICT OF INTEREST with ALL boards and sub-committees. Let's be pro-active period.

SENIOR SERVICE:

This department is out-of-control, keep hiring friends/family instead of the staff doing MULTI-TASK. Senior Service has hiring a café manager and his assistance but yet they keep catering to local restaurants. Why? We are a VERY WASTEFUL TOWN. Also I feel that the director is not for this job. For example; there was a senior service van driver that passed a school bus while the FLASHING RED LIGHTS were on AND went on the sidewalk thank GOD that student was picked up by their mom. That van driver, director and office support technician (who schedule the vans) all should have been FIRED period. Everybody knows you stop when the school bus has the flashing red lights on.

Rec and Park:

Why is rec and park actually GIVING MONEY to out-of-towners to play at Quaker Hill fields?

Park and rec, senior services, youth and families, and the library all have the same events/programs WHY. Are all these events/program PROFITABLE!

IN CLOSING:

I urge this board NOT to approve these current budget. They are all wasting taxpayers money and I urge the BOF not to contribute to there wasteful spending.

Thank you!

To the members of the Ethics Commission,

Thank you for offering a public hearing on the Ethics complaints filed on May 7th and May 15th. Probable cause for this hearing was determined on September 8th. Would you please share the timeline from when everyone received the complaint to when a determination was made? If 8 complaints were received in May, why didn't the commission meet until July? I would think that receipt of any complaint would prompt a special meeting and prevent some of the political commentary seen about this happening right before an election.

Much of the discussion from the Respondents on Tuesday, October 7th focused on the process of budget hearings of the RTM. The content of the budget process and discussion is irrelevant to this complaint. Glenn Patterson, who is not named as a specific witness, was allowed to speak to the transfer of funds from operating to capital. There was no public comment, and his insight was not relevant to the question at hand. Why wasn't the Moderator (who was also present) asked about the process of the RTM and/or allowed to comment on the validity of some of the Respondents' comments about the RTM?

Similarly, you questioned the Complainant about sharing the Advisory opinion. The Majority Leader shares that information with the caucus. Does the Minority Leader do the same? Why wasn't that question asked? Again, why didn't you ask the opinion of the Moderator? It is not the responsibility of the Majority Leader to share that opinion on the floor of the RTM. It is also not the responsibility of the Majority Leader to stop a vote in process. Attorney Avena's advice about voting is included in the May 11, 2020, RTM meeting held via Zoom around the 1:58:30 mark (transcript attached). One of the Respondents claimed they only voted because they didn't agree with the process and the vote was contentious. Clarification from Moderator would have helped explain there are other ways to voice disagreement with the process than voting on budgets where one usually abstains.

A question was repeatedly raised by Paul Helvig about the qualifier of "substantial". One of the Respondents was a Substitute Paraeducator and not part of a Bargaining Unit at the time of the vote. This person was subsequently hired as a Full Time Paraeducator. Was the hire based on merit as a Paraeducator, or was some level of preference shown because of this person's position on the budget? An across-the-board abstention from all employees would essentially prevent this perceived conflict. In my opinion, this is a clear example of what the Complainant was referring to when stating that the intent of filing this violation was to protect all Town employees who choose to serve in volunteer elected positions.

During your deliberations prior to the public hearing, you determined that there was probable cause to substantiate these violations. All Respondents stated the information included in the complaints was accurate. That information includes that they violated specific sections of the Ethics Ordinance. All Respondents have admitted that they did vote on the BOE budget, and they are all BOE employees. Three of them have a pattern of abstaining. There is discussion that happens on the floor of the RTM. At any time, these Respondents had the opportunity to share their displeasure with the process. Participation in that discussion is encouraged. Voting yes or no is a conflict.

In an effort to protect all of our elected volunteers and Town employees, I ask that you uphold your determination of probable cause. I honestly don't understand why it is so hard to just abstain on the budgets you or anyone else living in same house may benefit or be penalized by voting or not voting. Yes, I say penalized because other employees who want to abstain could be viewed as not supporting their boss like others who vote. I believe at the very least this commission should advise to abstain from votes involving their employer. Just as town attorney did with his statement to the RTM in May of 2020 (again transcript attached). I was also on the RTM when the town attorney made the statement and I'm available for questions if needed.

Respectfully submitted,

Michael Rocchetti

Transcription is taken from an AI service and edited by listening to the recording of the meeting.

Avena: Okay folks, this is Town Attorney Rob Avena. Before there's any substantive votes, I just wanted to state that I have got several requests this week to go over voting procedures within the general budget of the town, both on the Board of Ed side and all town agencies. We have a wonderful RTM, and it's made up of many members. We don't have any rules that require that any town employees or any Board of Education employees not serve on the RTM. Over the years, we've had policemen, we've had firemen, and I understand we have also school teachers who work in the Board of Education. I just want to go over again that the way we have done it in the past, and I can go over the ethics standards in the Town, is that there are these sub-motions that directly reflect the individual budget that you may or may not be compensated by.

The second vote is the general vote at the end of this session on the entire budget of the town, in which many issues are intermingled. The way we have traditionally approached it is, if it is more than likely possible that you're facing a bit of a personal conflict when you attempt to vote on the sub-budget that directly relates to your employment or that of a near relative or family member. I know some of you are new this year, so I wanted to go over that. It is a personal decision of the the member, the body, as a whole, cannot instruct you. I do try to advise people on an individual basis as to what that conflict can entail. I would advise that in a traditional sense that when you're in the sub-budget process, you not exercise and you can abstain voting. It does not mean that you have to abstain from entering into the debate. That's called a recusal. You're not required to recuse yourself from the entire debate. You are, in certain instances, required to abstain from if that matter appears to be a personal conflict. So, with those instructions, that will carry through for the entire four days you go over every budget and sub-budget in the Town. If you're particularly affected by that sub budget, I would recommend abstention the very end of the budget process when they're all commingled, you're rather distant at that point, from any involvement, and you can cast a vote for the general total town budget of the Town of Waterford. I hope that's so. With those admonitions, I would ask that you begin the first substantive vote of the town budget tonight. And I'll answer questions.

(Comments by Nick Gauthier unrelated to this discussion were removed for purposes of this transcript)

Dembek: Mike Bono, I think you raised your hand during the town attorney's comments.

Bono: Yes. Mr. Avena, being a new member of the RTM, I have a question. I hope you can help me. out with a simple yes or no because that was kind of I was a little confused at your statement there. Is there a case for an ethics violation if you vote on a budgetary matter affects your personal financial interest?

Avena: Yes, we do have an ethics ordinance in town. It's section 2 50 of our chapter of ordinances. The issue of whether or not someone has ethically violated by voting in their personal interest has to be advanced to that commission. And it is only the commission's decision determines whether or not there's been an ethical conflict that occurred. The sections that I am referring to tonight are from those ethical ordinances. they're basically saying that if you have an immediate connection to your vote, it's different than whether it's a distant connection to the vote. And that's up to the ethics commission to decide that distinction. Generally speaking, if you are voting and a general group of which you are part of will or not benefit, that's part of the consideration. In other words, there is no easy answer, but I have always traditionally taken the position, as I do on every board, including our planning and zoning commission, that when in doubt, when you think you have any personal interest involved, abstaining is perfectly fine. That's why we've got more than like three members on every board. So, abstaining is a fine action to take in certain instances. And I try to advise people individually if they contact me.

WYFS Program Growth, Trends and Analyst for WYFS Afterschool Programs

Winter 2025 to Winter 2026

Graph Key:

Light Blue – Maximum Capacity: Represents the maximum number of participants each program can accommodate, based on factors such as available space, staffing levels, and instructor preferences. This line helps us understand the program's full potential and whether we are operating near capacity. Tracking this metric allows us to identify when additional resources might be necessary to expand offerings.

Orange – Actual Enrollment: Shows the number of students who successfully enrolled and participated in each program. This line is essential for measuring the program's effectiveness and demand compared to its maximum capacity. Understanding actual enrollment trends helps us assess whether we are meeting community needs or if adjustments to promotion, scheduling, or resources are required.

Green – Waitlist: Reflects the number of parents who placed their child on a waitlist when a program was already full. Waitlists are an importa nt tool for gauging unmet demand and help us prioritize which programs might benefit from expansion. Although rare, withdrawals can occasionally provide an opportunity to enroll waitlisted participants.

Red – Abandoned Carts: Indicates programs added to a RecDesk cart but not fully registered. This metric highlights interest levels, even if it doesn't translate directly to enrollment, and provides insights into potential barriers to completion, such as cost, timing, or that the program is already full. Analyzing abandoned cart data can guide improvements in program design or the registration process to better capture this interest.

Trends Analysis Winter 2025 to Winter 2026:
A comparison between Winter 2025 and Winter 2026 shows clear growth in both program variety and overall participation. WYFS expanded its offerings to include more creative, technology, and enrichment opportunities alongside its popular Dungeons & Dragons programs, allowing the department to reach a wider range of students across multiple grade levels.

Enrollment remains strong, with most programs filling near capacity and several generating waitlists. Programs such as Girls on the Run, LEGO STEAM, and multiple D&D groups saw particularly strong demand, indicating continued interest in both physical activity and collaborative, creative programming.

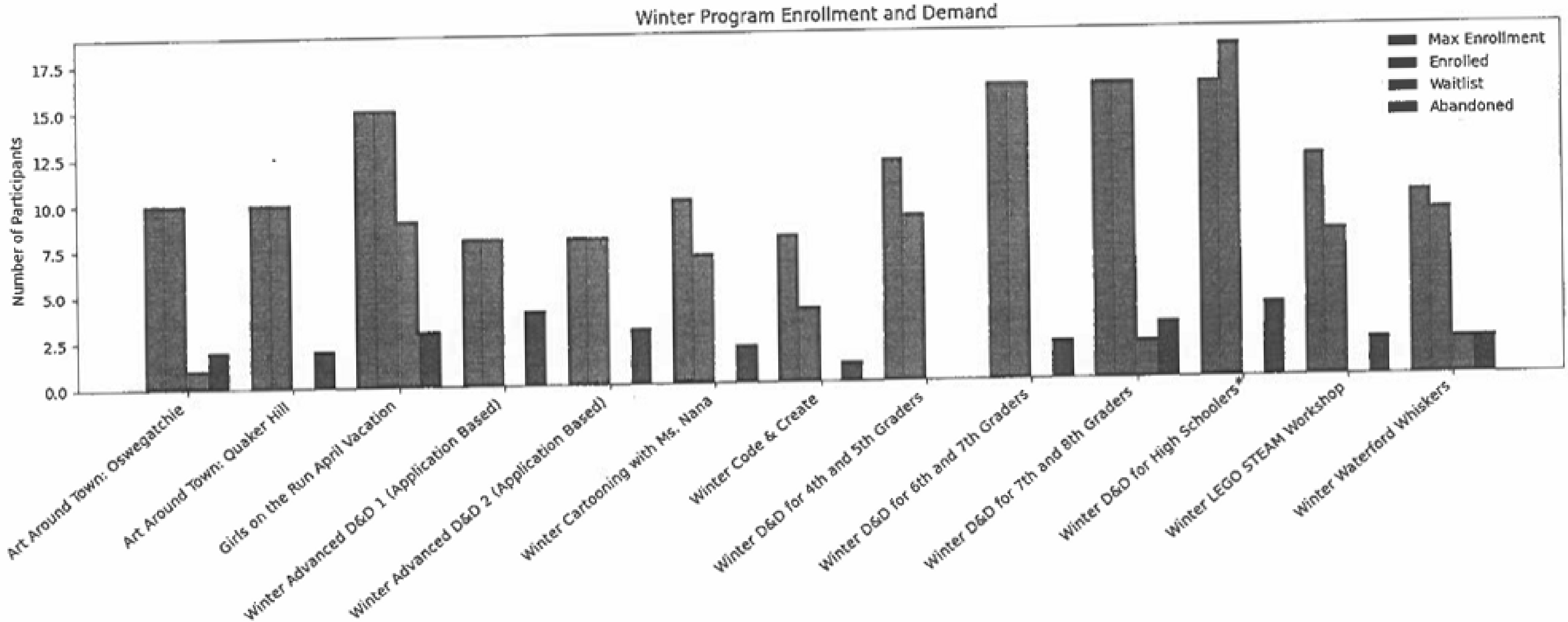
Waitlist and abandoned cart data also highlight additional community interest beyond confirmed enrollments. In some cases, programs filled quickly or families explored multiple options before finalizing registrations. Additionally, certain programs demonstrated flexibility in meeting student needs, such as the Winter 2026 High School D&D program, which expanded slightly to support students seeking social connection opportunities.

Overall Growth Analysis from 2024 to 2026:
From 2024 to 2026, WYFS afterschool programming has shown steady growth in both participation and program variety. Many programs consistently operate at or near capacity, with waitlists indicating continued demand from families.

Core programs such as Dungeons & Dragons and LEGO STEAM remain highly popular, while the offsite Art Around Town programs held at the elementary schools have shown immense popularity, quickly filling and generating strong interest. Overall, the data suggests increasing community engagement and highlights opportunities to expand high-demand offerings.

Current Winter Session 2026

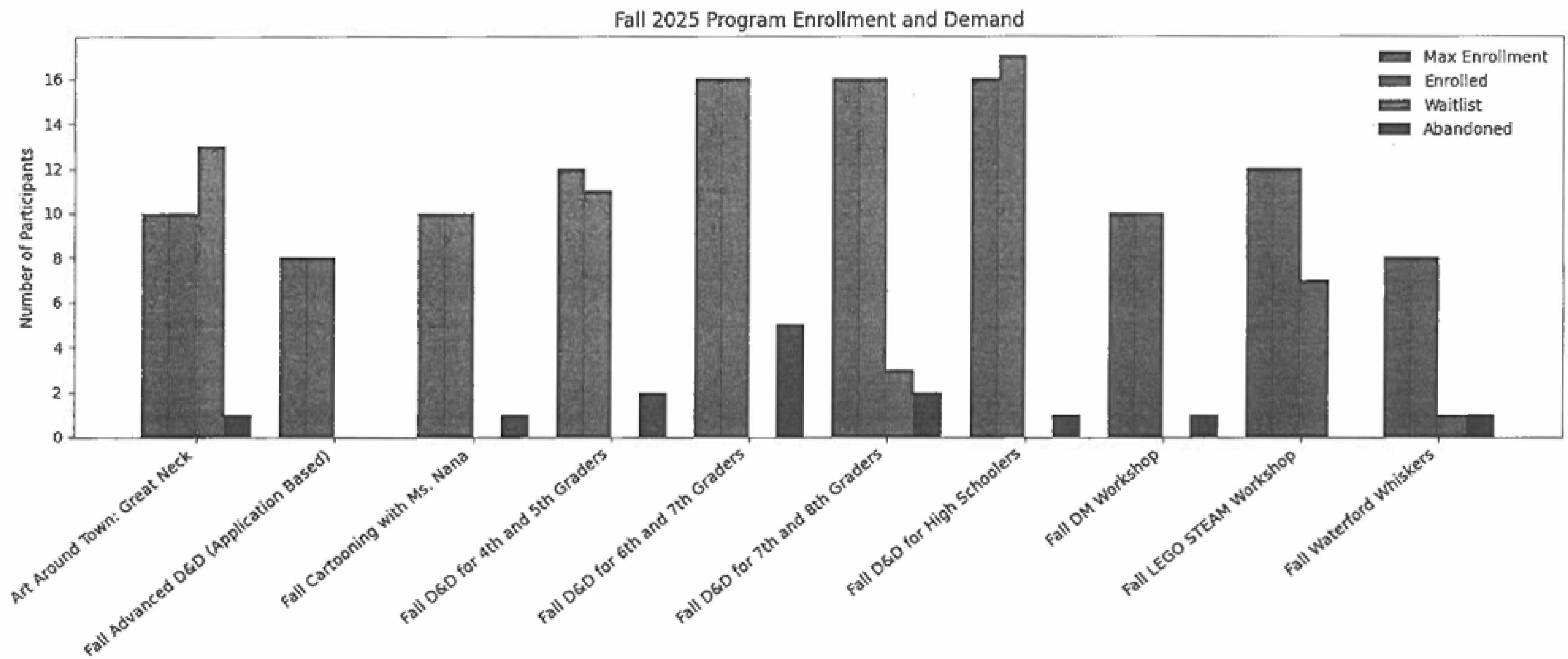
Enrollment, Waitlist, and Abandoned Numbers by Program



* Per a request from the Guidance Dept. at WHS we were able to add two additional students to our High School D&D Program that had a social emotional need to find peer connections.

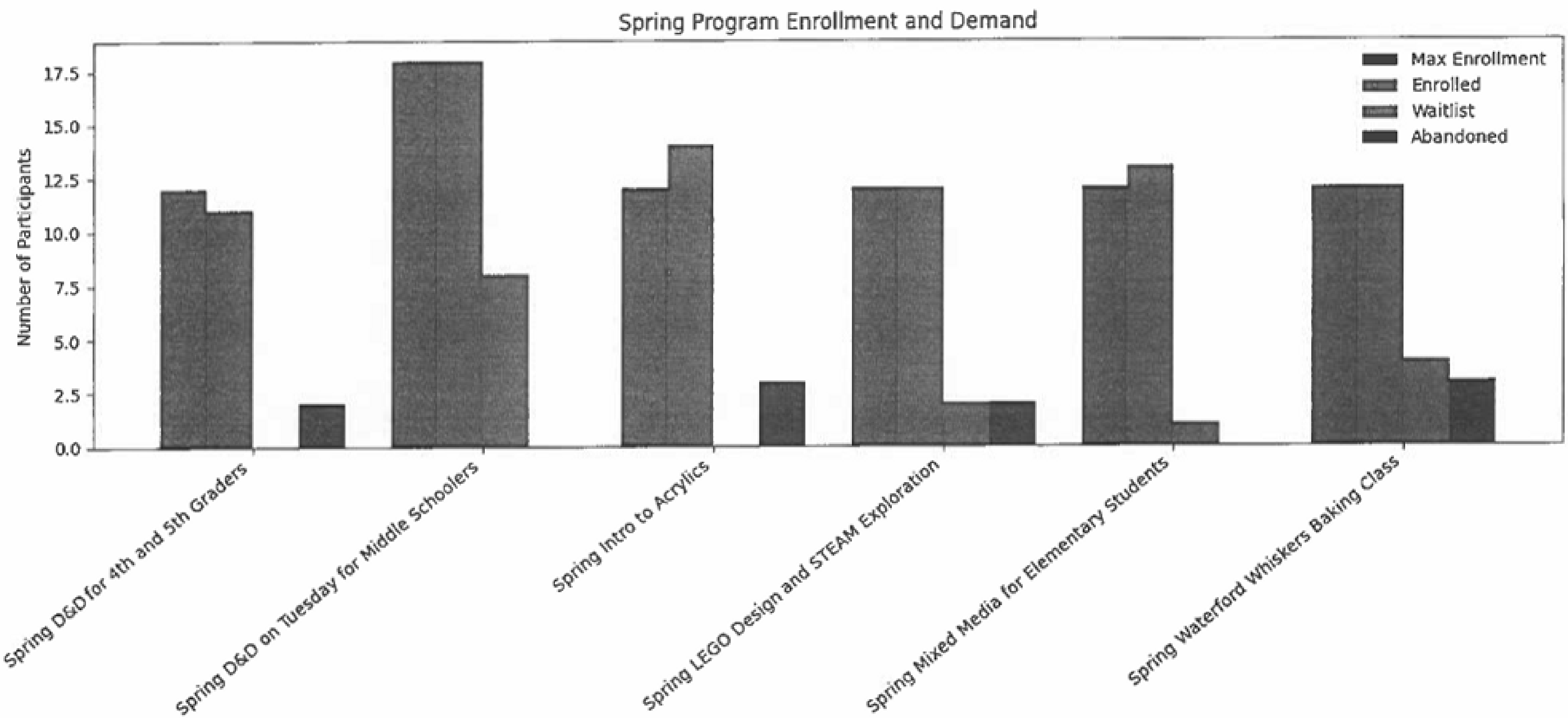
Fall Session 2025

Enrollment, Waitlist, and Abandoned Numbers by Program



Spring Session 2025

Enrollment, Waitlist, and Abandoned Numbers by Program



WYFS Program Growth, Trends and Analyst for WYFS Afterschool Programs

Winter 2024 to Winter 2025

Graph Key:

Light Blue – Maximum Capacity: Represents the maximum number of participants each program can accommodate, based on factors such as available space, staffing levels, and instructor preferences. This line helps us understand the program's full potential and whether we are operating near capacity. Tracking this metric allows us to identify when additional resources might be necessary to expand offerings.

Royal Blue – Actual Enrollment: Shows the number of students who successfully enrolled and participated in each program. This line is essential for measuring the program's effectiveness and demand compared to its maximum capacity. Understanding actual enrollment trends helps us assess whether we are meeting community needs or if adjustments to promotion, scheduling, or resources are required.

Green – Waitlist: Reflects the number of parents who placed their child on a waitlist when a program was already full. Waitlists are an important tool for gauging unmet demand and help us prioritize which programs might benefit from expansion. Although rare, withdrawals can occasionally provide an opportunity to enroll waitlisted participants.

Purple – Abandoned Carts: Indicates programs added to a RecDesk cart but not fully registered. This metric highlights interest levels, even if it doesn't translate directly to enrollment, and provides insights into potential barriers to completion, such as cost, timing, or that the program is already full. Analyzing abandoned cart data can guide improvements in program design or the registration process to better capture this interest.

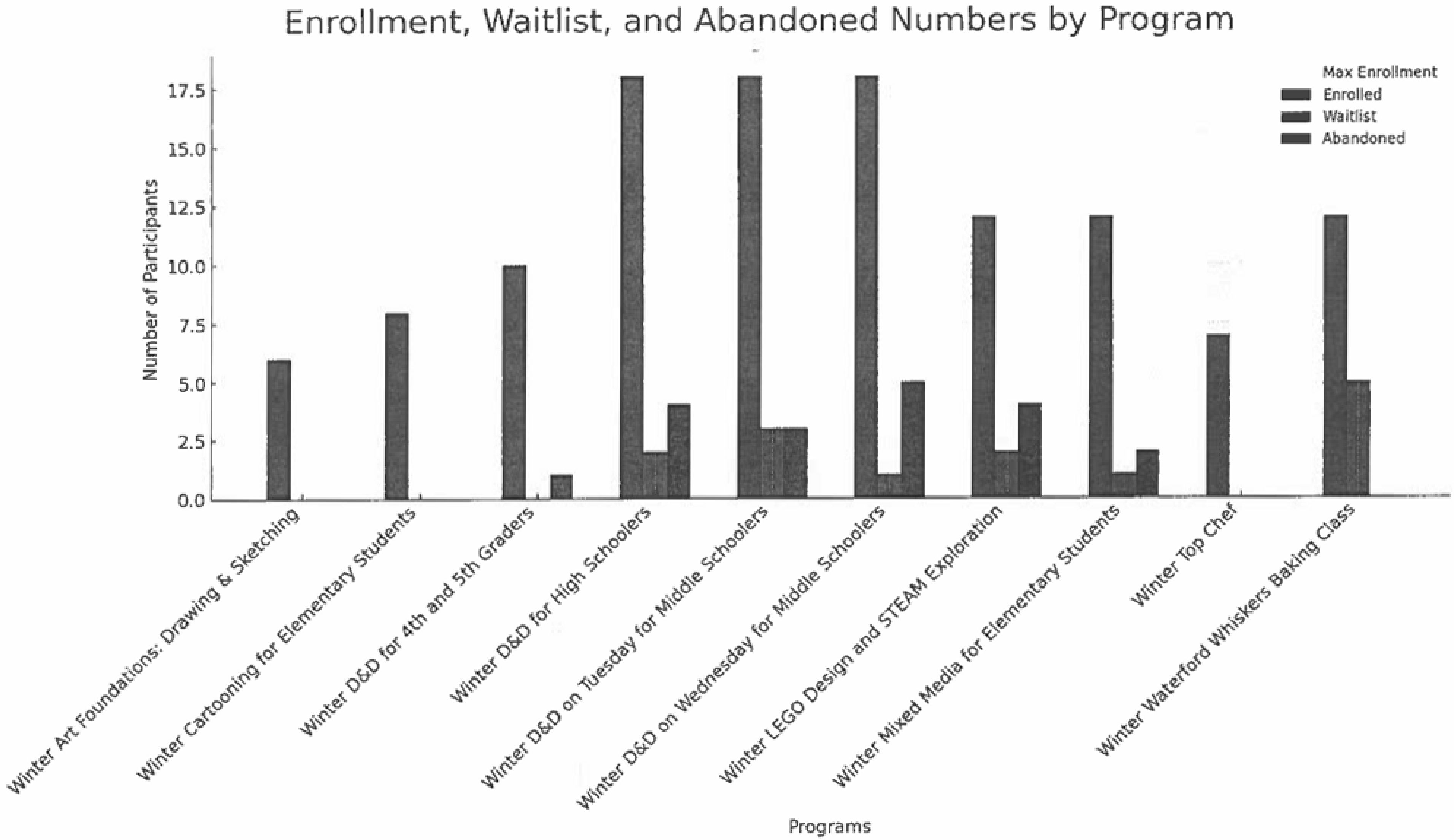
Trends Analysis:

Over the last year, the graphs reveal consistent growth in enrollment across all seasons, with actual enrollment (Royal Blue) steadily approaching maximum capacity (Light Blue) in several programs. Waitlist numbers (Green) have fluctuated but remain significant, particularly in the Fall and Winter sessions, suggesting unmet demand. Abandoned cart data (Purple) shows interest exceeding enrollment, particularly during peak seasons, indicating possible barriers such as timing conflicts, costs, or limited capacity.

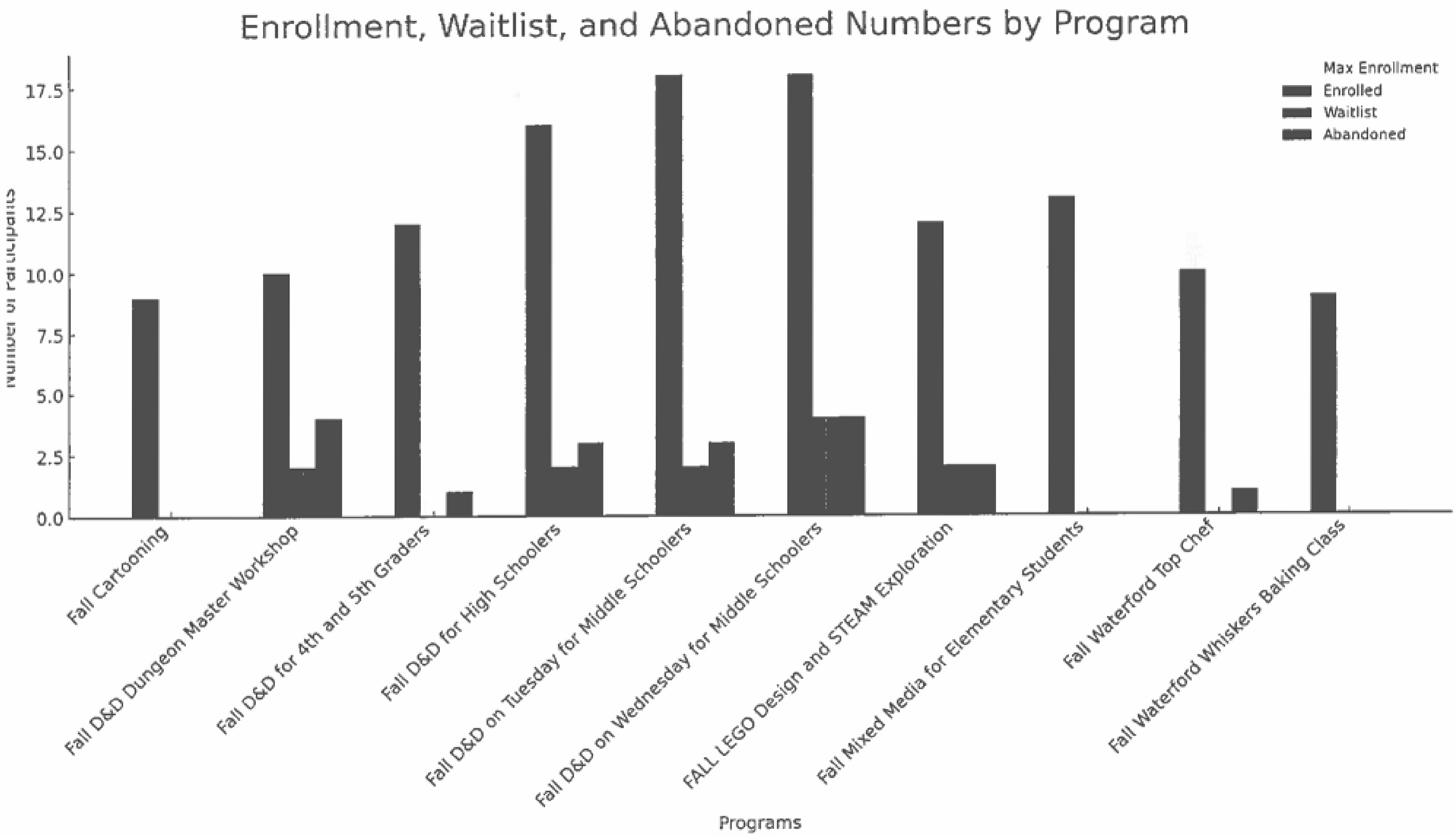
Overall Growth Analysis:

The afterschool programs have experienced clear growth over the past year, demonstrating increased community engagement and demand. Waitlist and abandoned cart metrics indicate untapped potential, signaling an opportunity for expansion or process improvements. These trends highlight the program's success in fostering participation while identifying areas for resource allocation to meet rising demand effectively.

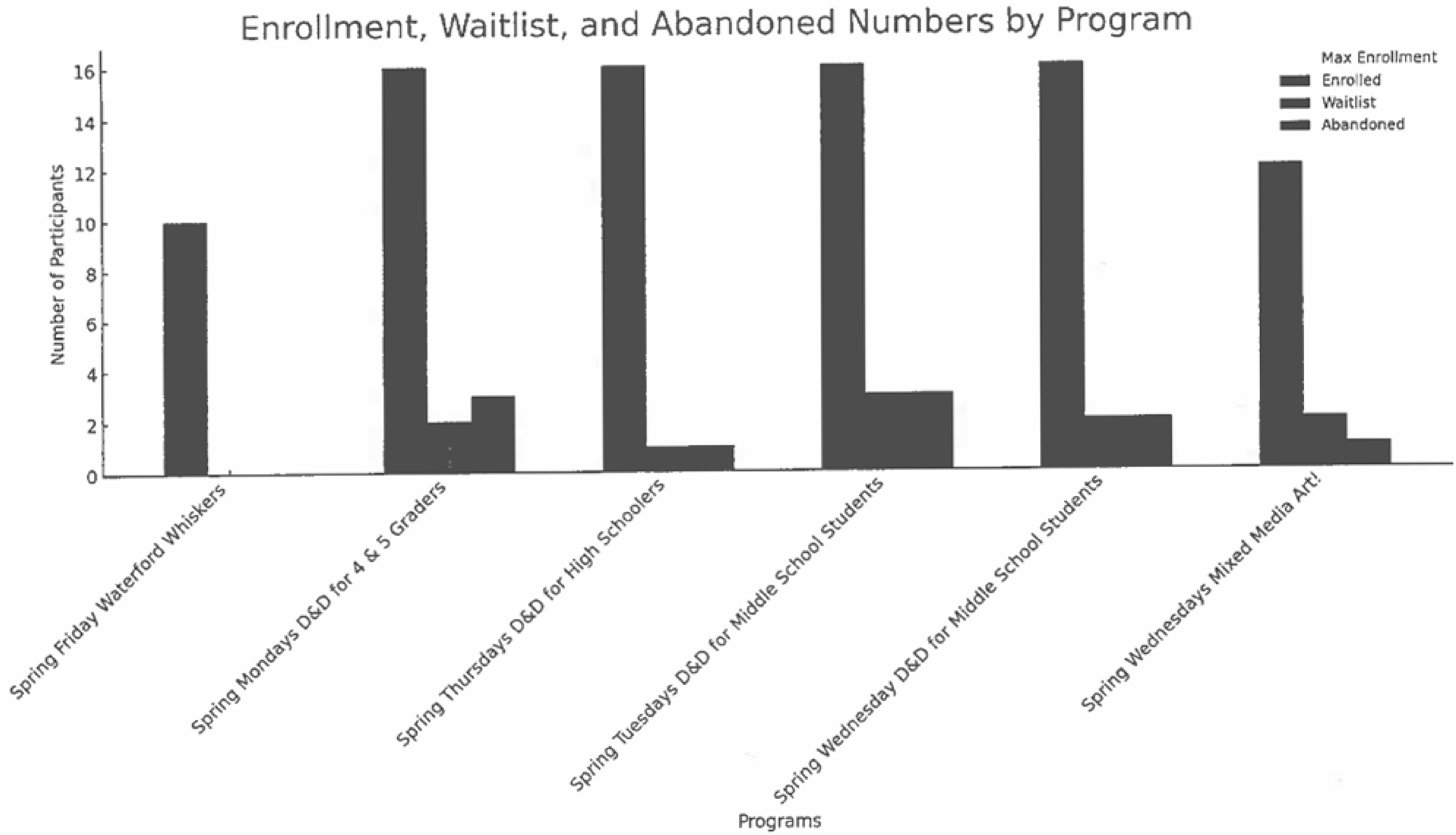
Winter Session 2025



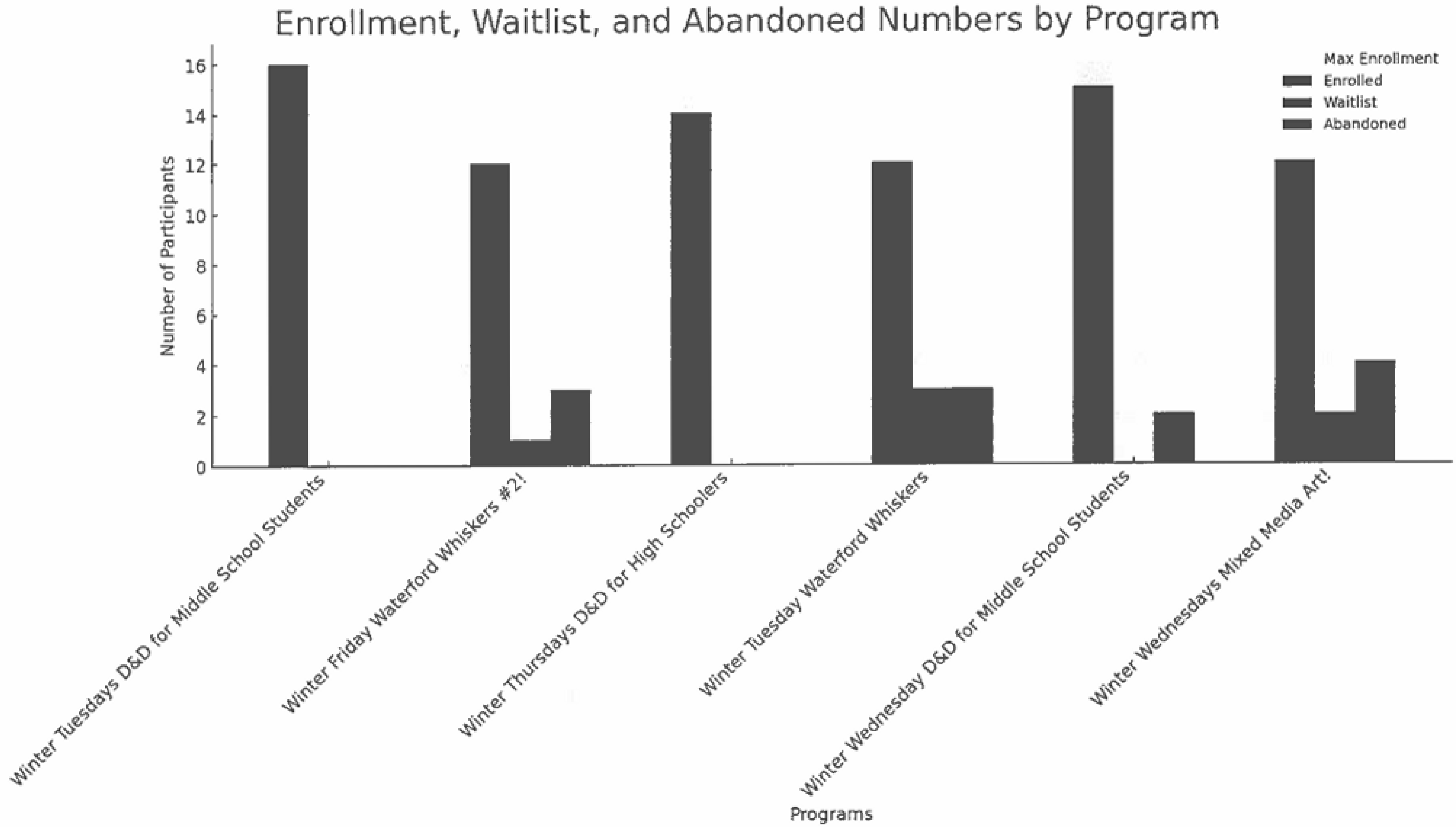
Fall Session 2024



Spring Session 2024



Winter Session 2024



Program Growth, Trends and Analyst for WSS

Winter 2025 to Winter 2026

Graph Key:

Green – Maximum Capacity: Represents the maximum number of participants each program can accommodate, based on factors such as available space, staffing levels, and instructor preferences. This line helps us understand the program's full potential and whether we are operating near capacity. Tracking this metric allows us to identify when additional resources might be necessary to expand offerings.

Royal Blue – Actual Enrollment: Shows the number of students who successfully enrolled and participated in each program. This line is essential for measuring the program's effectiveness and demand compared to its maximum capacity. Understanding actual enrollment trends helps us assess whether we are meeting community needs or if adjustments to promotion, scheduling, or resources are required.

Red – Waitlist: Reflects the number of parents who placed their child on a waitlist when a program was already full. Waitlists are an important tool for gauging unmet demand and help us prioritize which programs might benefit from expansion. Although rare, withdrawals can occasionally provide an opportunity to enroll waitlisted participants.

Program Trends (FY25)

Across FY25, Waterford Senior Services programs continued to show strong and consistent participation across all categories. Education programs saw the largest growth in offerings and participation, expanding significantly while still maintaining high enrollment levels. Health and fitness programs remained some of the most consistently filled programs, with most classes operating near capacity throughout the year. Games and leisure programs continued to provide steady participation and strong social engagement opportunities, while trips and travel programs frequently filled completely and often generated waitlists. Overall, participation trends show that programming remains highly valued by the community and is frequently operating close to maximum capacity.

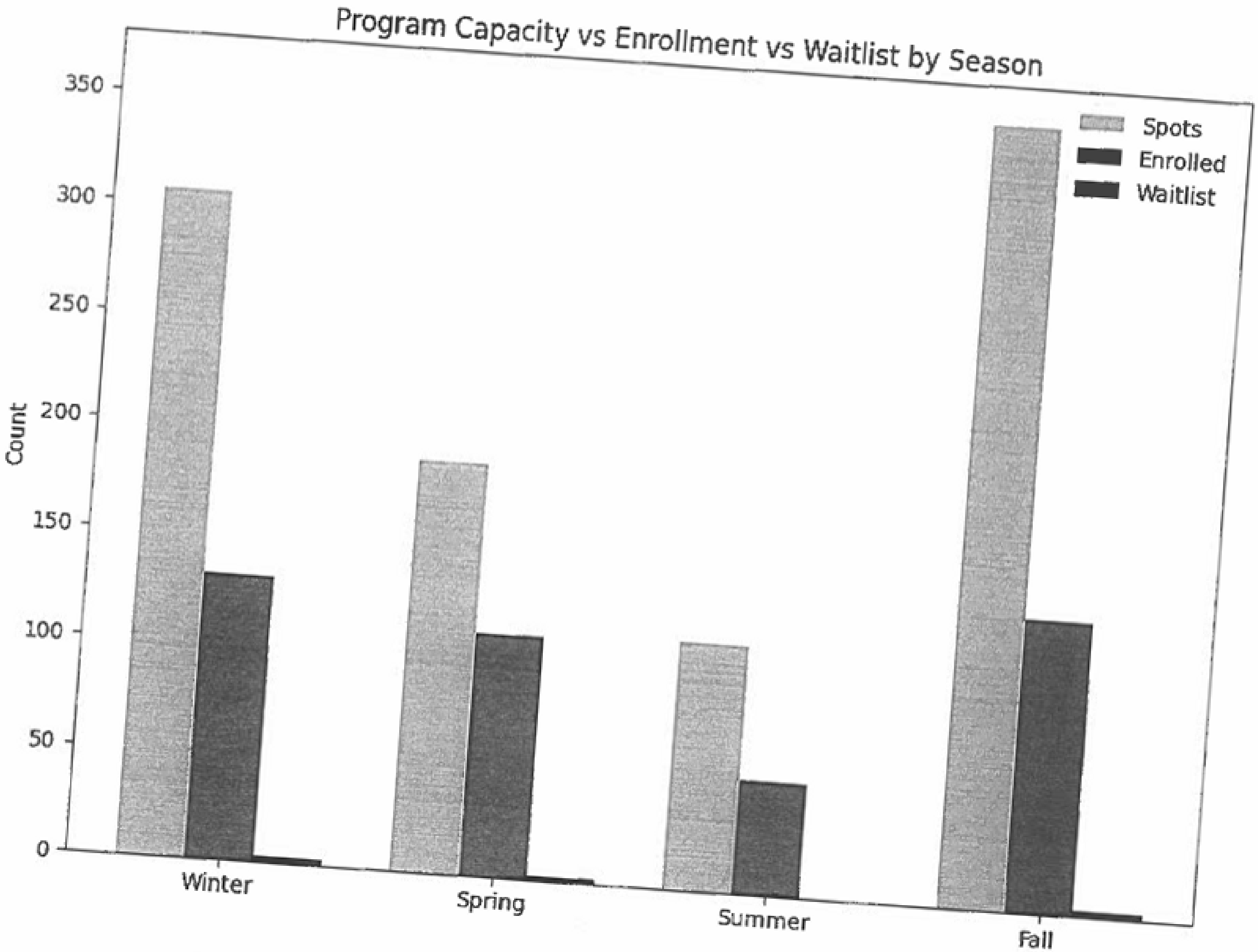
Operational Analysis

The data indicates that Waterford Senior Services is operating at a very high level of activity. Most program categories consistently fill a large percentage of available spots, and several programs exceed capacity or develop waitlists. This level of utilization suggests that current space and scheduling availability are becoming limiting factors. Staff continue to expand programming to meet demand, but many offerings are already near full enrollment, demonstrating both the popularity of the programs and the need for additional room to grow.

Overall Growth from Previous Years

Compared to previous years, FY25 shows substantial growth in both the number of programs offered and the total number of participants served. In particular, educational programming expanded dramatically while maintaining high enrollment, and fitness and leisure programs continued to operate near capacity. Despite the increase in available program spots, utilization rates remain very strong, indicating that demand for senior programming continues to rise. This growth reflects an increasingly active and engaged senior community and reinforces the need for additional space and resources to support continued program expansion.

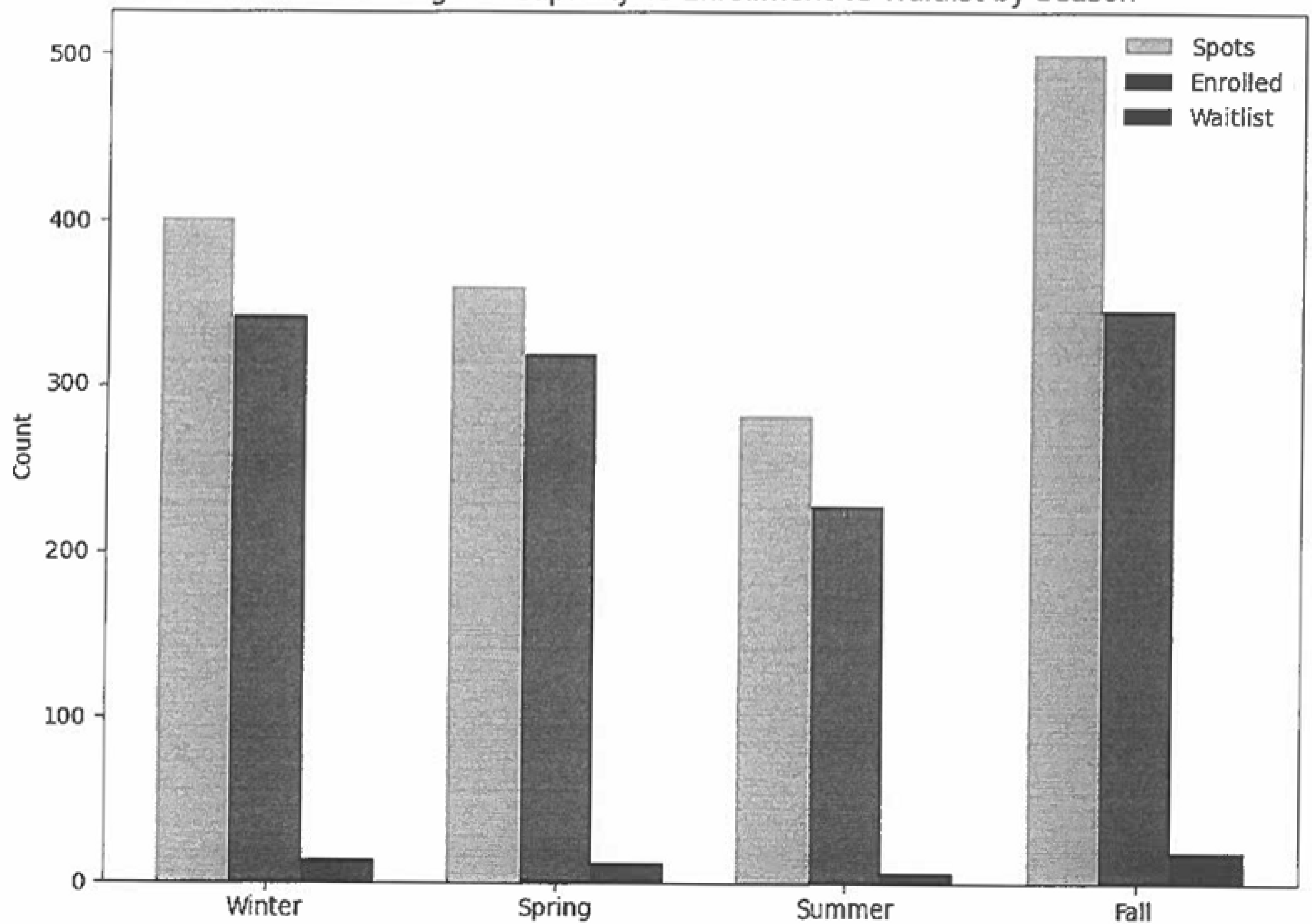
WSS Education Programs 2025



WSS Health and Fitness FY25

Waterford Senior Services Fitness programs continue to be in high demand, supporting both physical health and emotional well-being. Fitness programs aim to improve balance, muscle mass and strength, flexibility and joint health. Our classes increase social interaction, lead to better quality sleep and improve mental health. Participation increases heart health, bone health, aids chronic disease management and assists weight management. Exercise has been shown to boost the immune system. Regular exercise is linked to increased life expectancy and a higher quality of life. Active older adults tend to have better overall health and are more likely to remain independent.

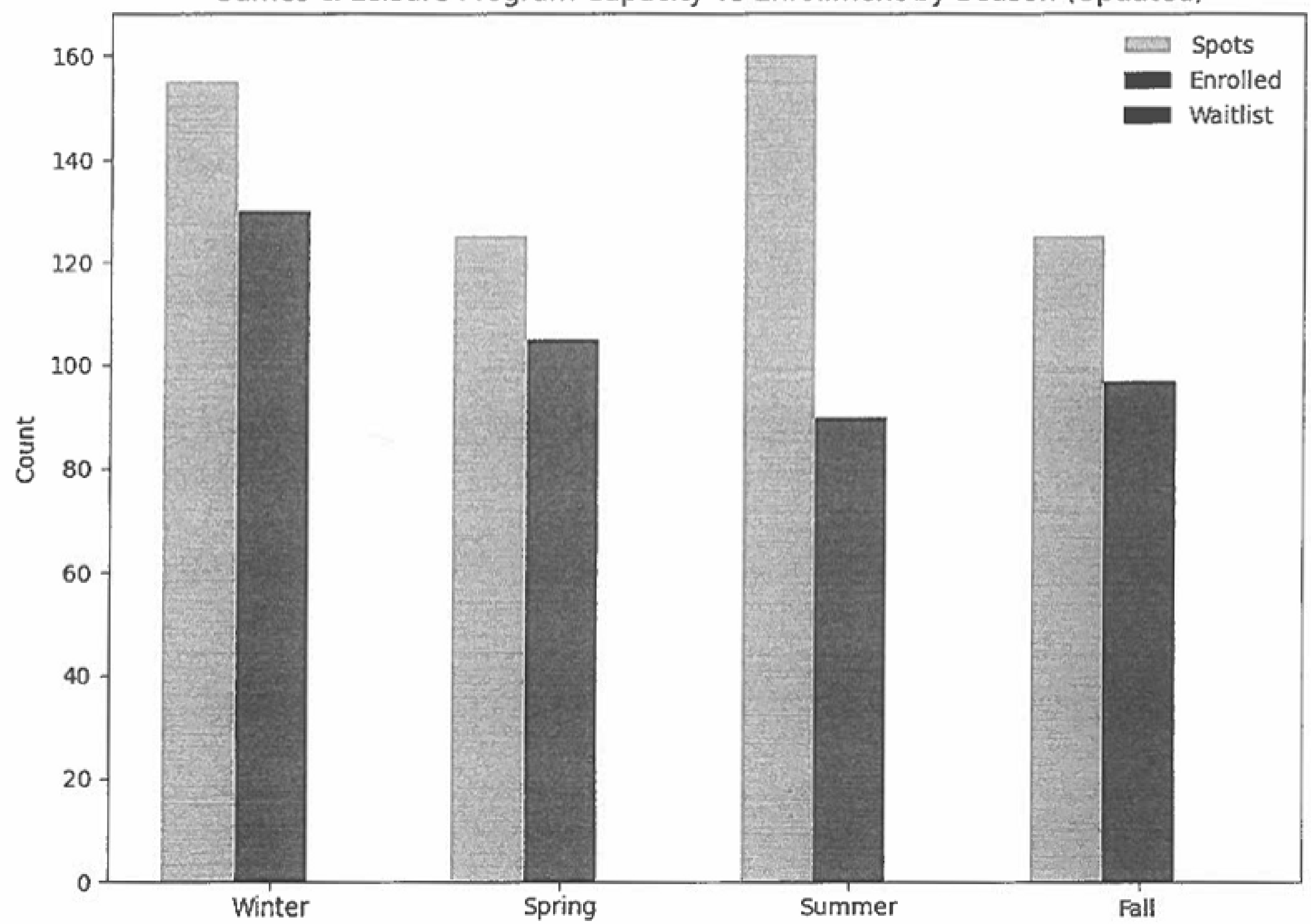
Fitness Program Capacity vs Enrollment vs Waitlist by Season



WSS Leisure and Games FY25

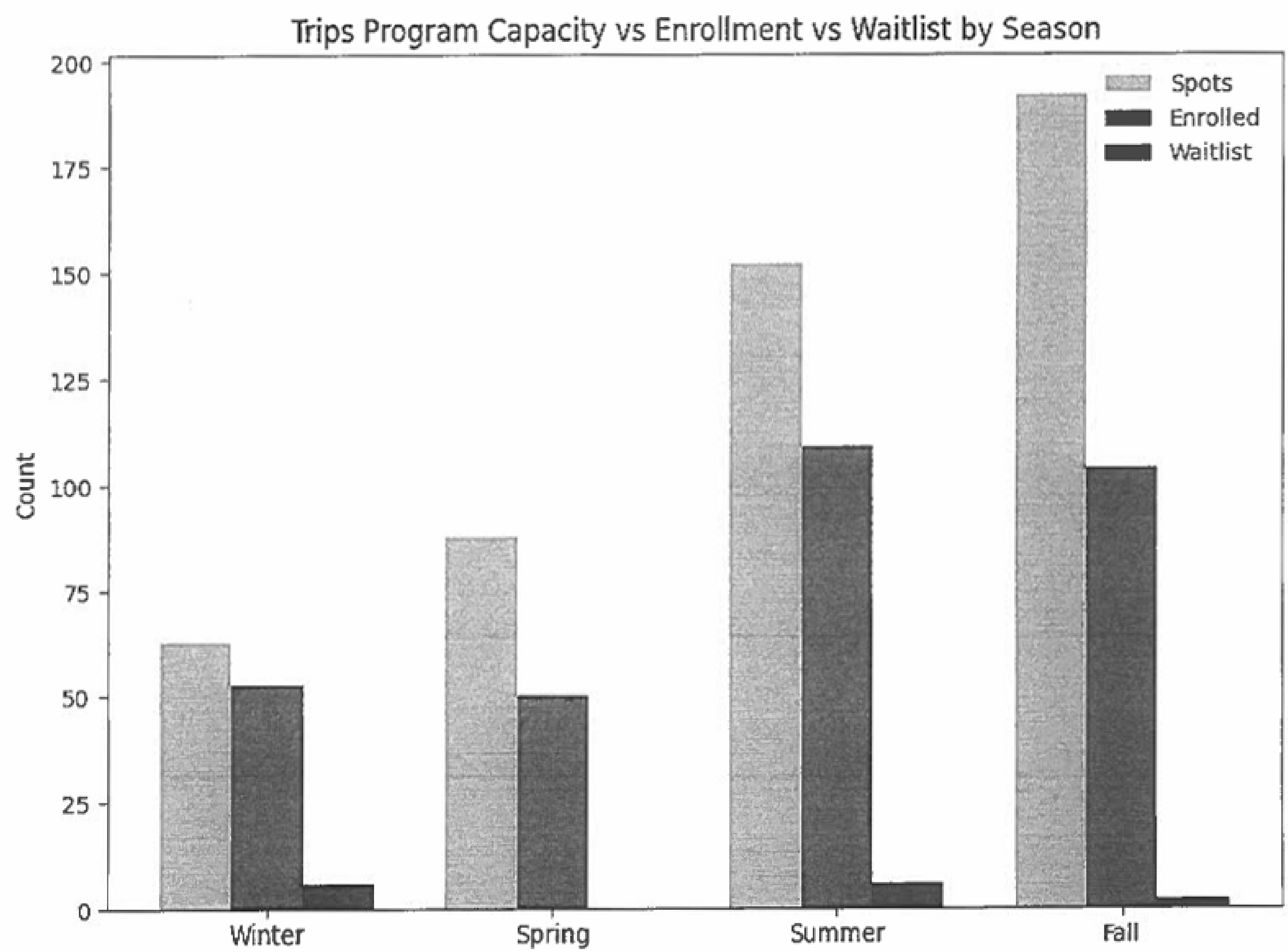
Waterford Senior Services offers a variety of games to appeal to all abilities, and we find they offer numerous benefits beyond entertainment. Seniors maintain mental and physical health, build relationships, and enjoy fulfilling, active lifestyles. Staying connected reduces feelings of isolation and loneliness, fostering teamwork, communication, and shared experiences in a fun environment where the focus is on enjoyment, which can reduce feelings of boredom or depression. Our programs are more than meets the eye, bingo is never just bingo. Staff can check in with our seniors on a variety of issues, and take steps for early intervention.

Games & Leisure Program Capacity vs Enrollment by Season (Updated)



WSS Trips FY25

We offer a variety of travel opportunities including shows, museums, eateries, and popular destinations. They promote an active, engaged lifestyle, improve health, and provide meaningful experiences. Many of our trips are designed with educational elements, allowing seniors to explore new cultures, history, and geography. Waterford Senior Services trips are designed with mobility and accessibility in mind, ensuring that older adults can enjoy travel experiences without the challenges that might come with traditional travel. Our group tours enhance feelings of community. Engaging in a new experience can elevate mood, leading to greater happiness and life satisfaction.



Program Growth, Trends and Analyst for WSS

Winter 2024 to Winter 2025

Graph Key:

Green – Maximum Capacity: Represents the maximum number of participants each program can accommodate, based on factors such as available space, staffing levels, and instructor preferences. This line helps us understand the program's full potential and whether we are operating near capacity. Tracking this metric allows us to identify when additional resources might be necessary to expand offerings.

Royal Blue – Actual Enrollment: Shows the number of students who successfully enrolled and participated in each program. This line is essential for measuring the program's effectiveness and demand compared to its maximum capacity. Understanding actual enrollment trends helps us assess whether we are meeting community needs or if adjustments to promotion, scheduling, or resources are required.

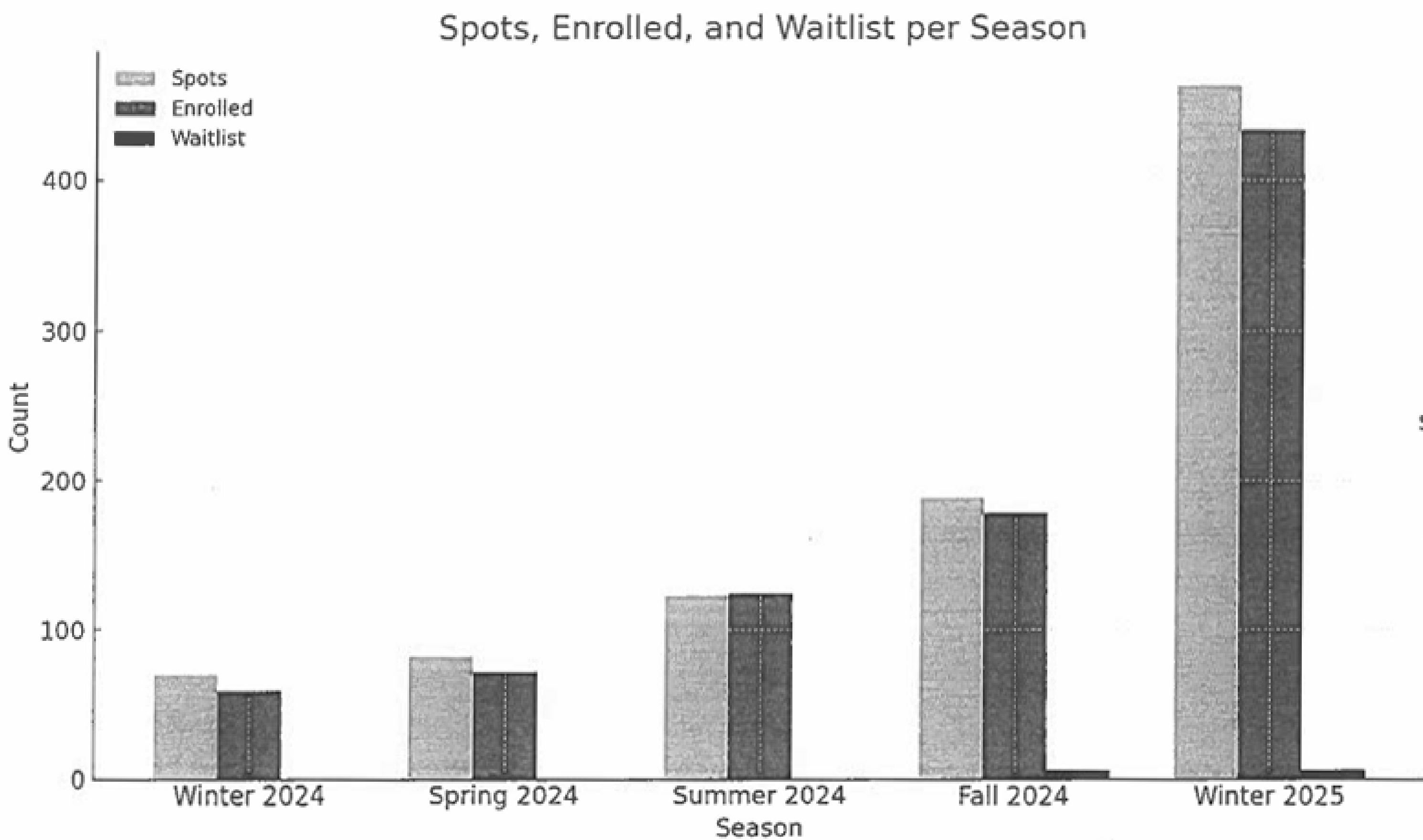
Red – Waitlist: Reflects the number of parents who placed their child on a waitlist when a program was already full. Waitlists are an important tool for gauging unmet demand and help us prioritize which programs might benefit from expansion. Although rare, withdrawals can occasionally provide an opportunity to enroll waitlisted participants.

Trends Analysis: Across the datasets, there is a clear trend of increasing spots and enrolled participants over time, reflecting growing interest and demand for the programs. For example, spots increased from 70 in Winter 2024 to 463 in Winter 2025 in one dataset, while enrolled participants grew from 59 to 433 during the same period. Additionally, utilization rates (% Filled) consistently remained high, ranging from the mid-80s to 100%, with seasons like Fall 2024 showing complete capacity and forming waitlists. Winter seasons often reflect lower % Filled during mid-season data collection, emphasizing the need to consider final figures. This growth highlights the program's success and the need for expanded capacity to accommodate the rising demand.

Overall Growth Analysis: The data demonstrates consistent overall growth in both spots and enrolled participants across all seasons, indicating the program's increasing popularity and effectiveness. Spots expanded significantly, as seen in one dataset, from 70 in Winter 2024 to 463 in Winter 2025, and enrolled participants increased from 59 to 433 within the same timeframe. Other datasets show similar trends, such as spots growing from 58 in Spring 2024 to 110 in Fall 2024, with corresponding enrollment reaching full capacity by Fall 2024. The steady rise in waitlists, especially in Summer and Fall seasons, underscores the growing demand. These patterns reflect the program's ability to attract and retain participants, highlighting the importance of planning for continued growth and scaling resources to meet increasing community interest.

WSS Education Programs

Waterford Senior Services has increased the number and types of programs offered to reflect the informational needs of our senior community. Educational programs include Stress Reduction Classes, Medicare Workshops, Health Information related to Aging (i.e. Blood Pressure, Hearing, Nutrition) and Safety Information (i.e. First Aid, Fall Prevention, Scam Prevention), Advance Directives, Estate Planning and Probate, as well as Continued Learning and Growth education (i.e. Story Writing, Technology)

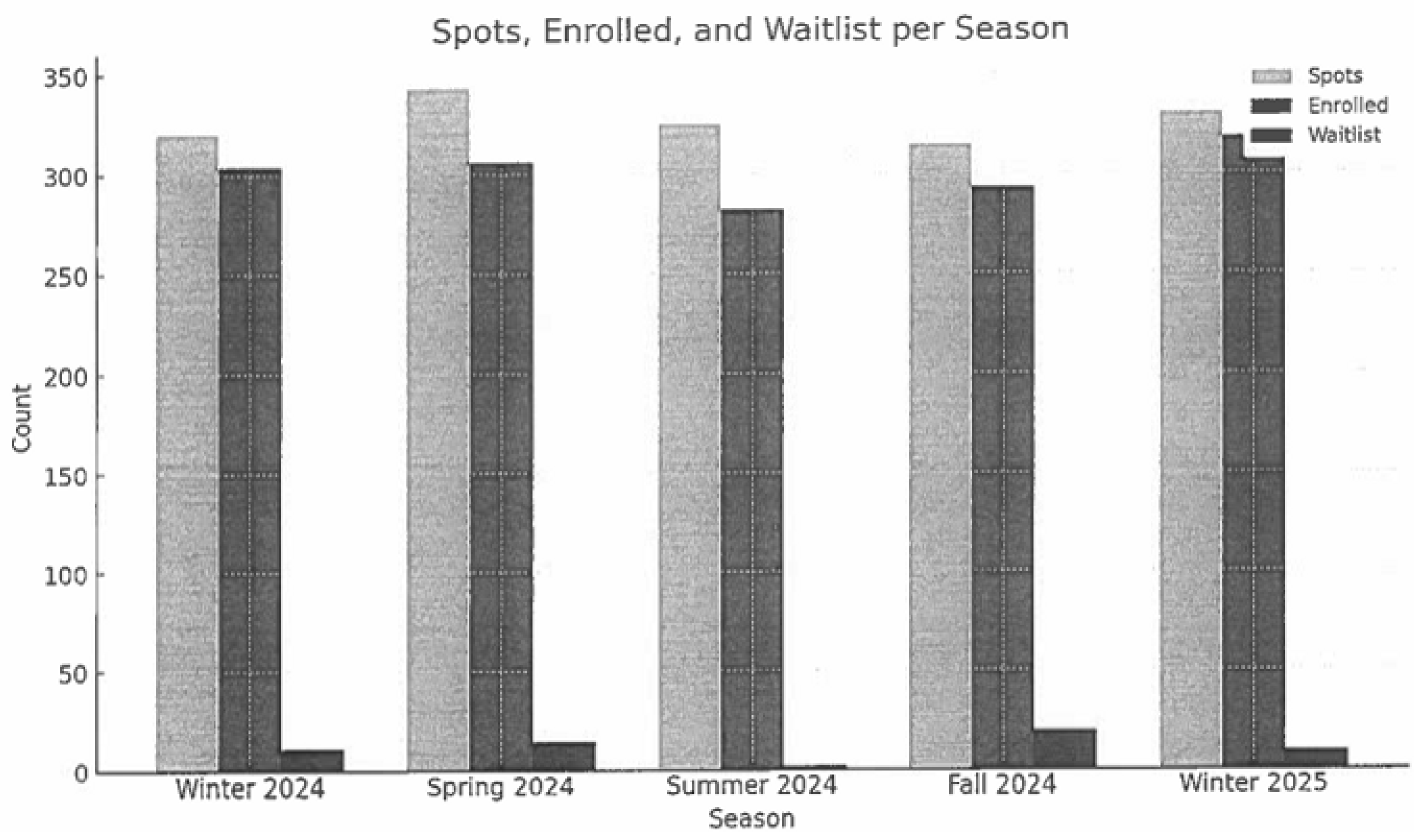


Data Set

Season	Spots	Enrolled	Waitlist	%
Winter 2024	70	59	0	84
Spring 2024	82	72	0	88
Summer 2024	123	124	0	101
Fall 2024	188	178	6	95
Winter 2025	463	433	6	94

WSS Health and Fitness

Waterford Senior Services Fitness programs continue to be in high demand, supporting both physical health and emotional well-being. Fitness programs aim to improve balance, muscle mass and strength, flexibility and joint health. Our classes increase social interaction, lead to better quality sleep and improve mental health. Participation increases heart health, bone health, aids chronic disease management and assists weight management. Exercise has been shown to boost the immune system. Regular exercise is linked to increased life expectancy and a higher quality of life. Active older adults tend to have better overall health and are more likely to remain independent.

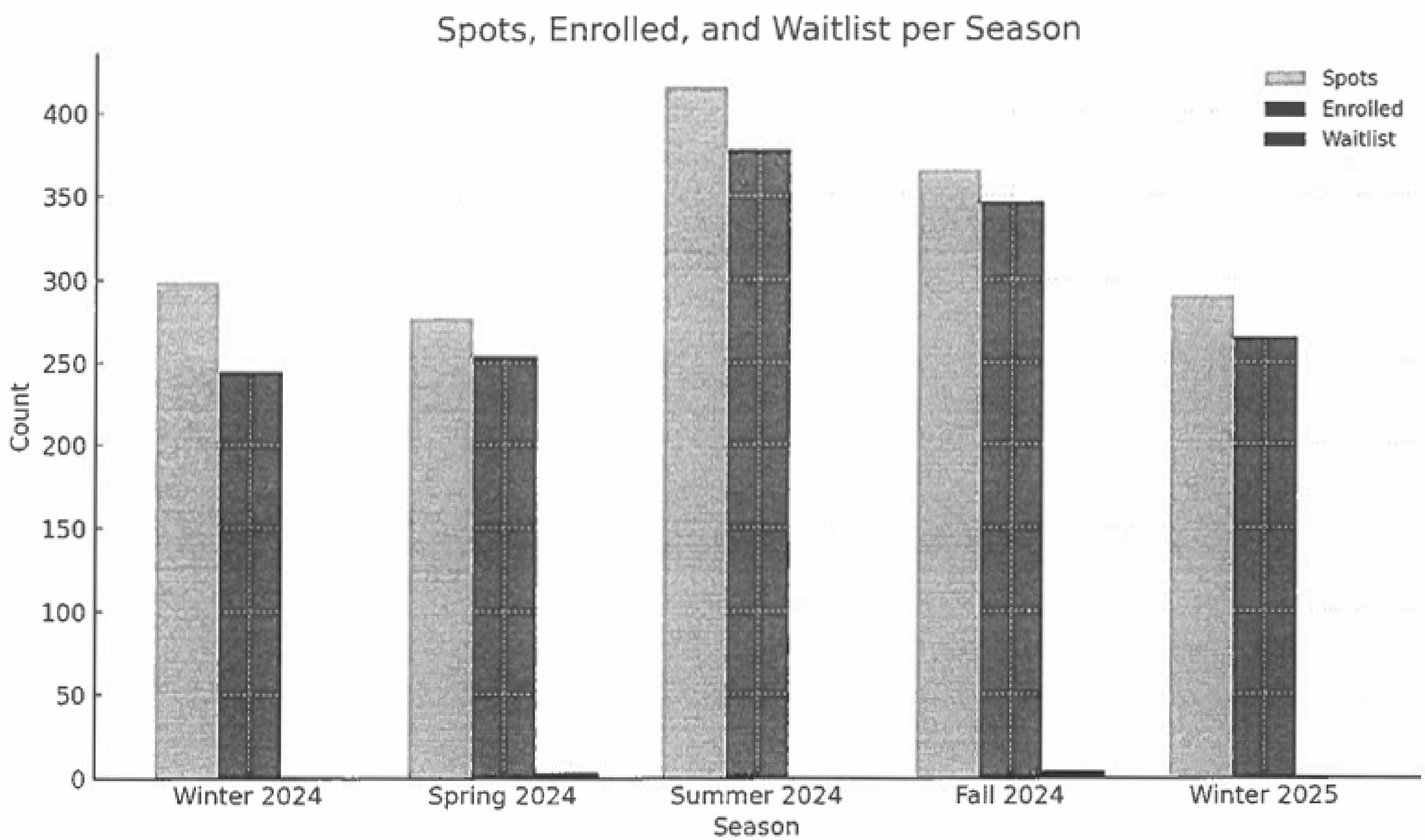


Data Set

	Spots	Enrolled	Waitlist	%
Winter 2024	320	304	11	95
Spring 2024	343	306	14	89
Summer 2024	325	282	2	87
Fall 2024	314	293	19	93
Winter 2025	330	318	9	96

WSS Leisure and Games

Waterford Senior Services offers a variety of games to appeal to all abilities, and we find they offer numerous benefits beyond entertainment. Seniors maintain mental and physical health, build relationships, and enjoy fulfilling, active lifestyles. Staying connected reduces feelings of isolation and loneliness, fostering teamwork, communication, and shared experiences in a fun environment where the focus is on enjoyment, which can reduce feelings of boredom or depression. Our programs are more than meets the eye, bingo is never just bingo. Staff can check in with our seniors on a variety of issues, and take steps for early intervention.

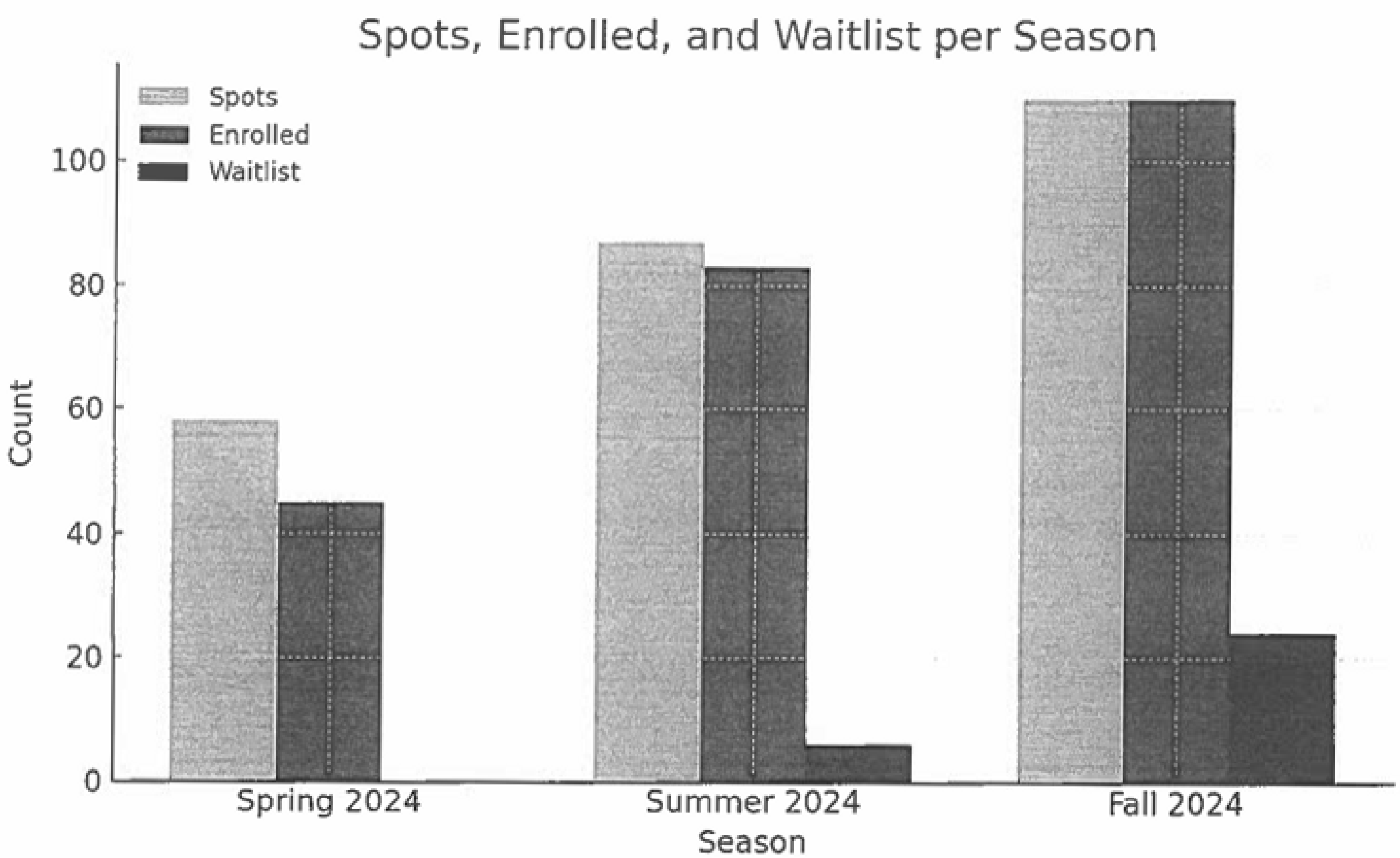


Data Set

Season	Spots	Enrolled	Waitlist	% FILLED
Winter 2024	299	245	1	82
Spring 2024	277	254	3	92
Summer 2024	415	378	0	91
Fall 2024	365	346	4	95
Winter 2025	290	265	1	91

WSS Trips

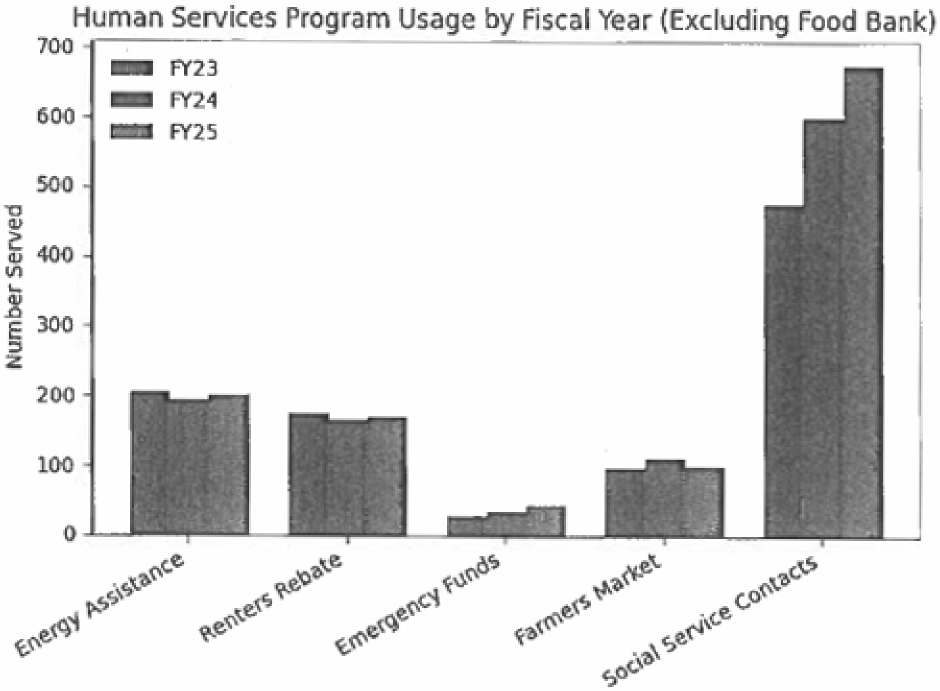
We offer a variety of travel opportunities including shows, museums, eateries, and popular destinations. They promote an active, engaged lifestyle, improve health, and provide meaningful experiences. Many of our trips are designed with educational elements, allowing seniors to explore new cultures, history, and geography. Waterford Senior Services trips are designed with mobility and accessibility in mind, ensuring that older adults can enjoy travel experiences without the challenges that might come with traditional travel. Our group tours enhance feelings of community. Engaging in a new experience can elevate mood, leading to greater happiness and life satisfaction.



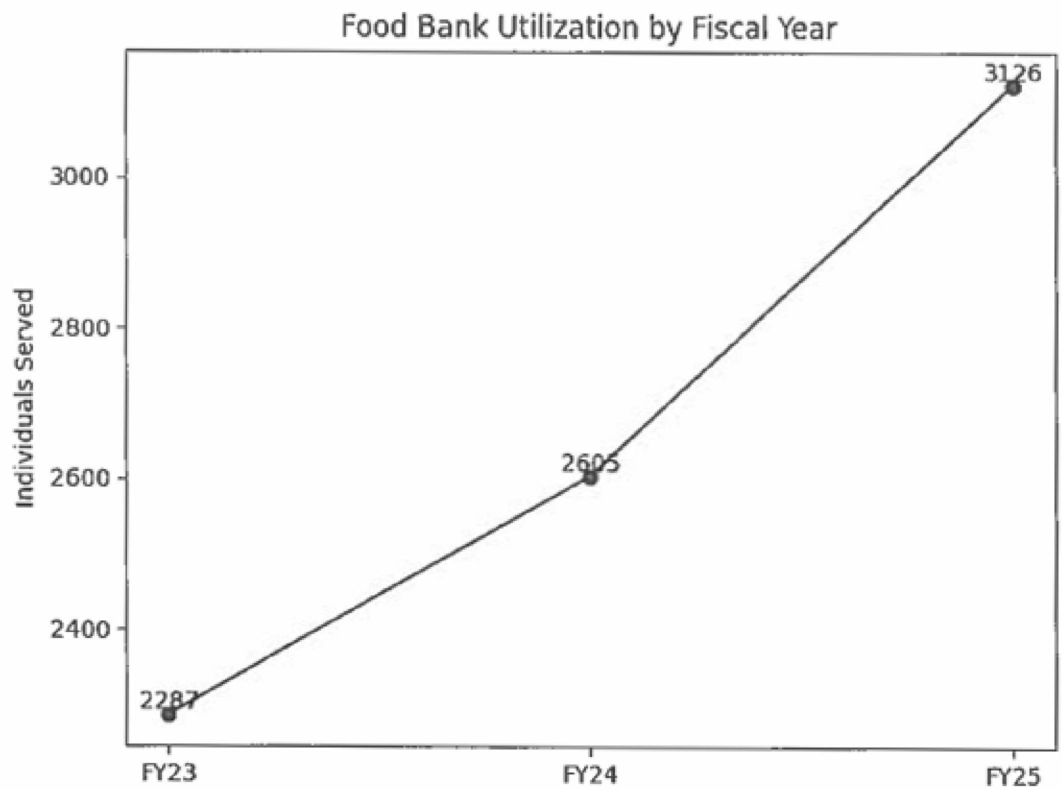
Data Set

Season	Spots	Enrolled	Waitlist	% FILLED
Spring 2024	58	45	0	78
Summer 2024	87	83	6	95
Fall 2024	110	110	24	100

Human Services Data and Trends FY23 to FY25



HUMAN SERVICES	FY23	FY24	FY25
Energy Assistance (Per Household)	204	195	201
Renters Rebate (Per Household)	175	165	171
Emergency Funds (Per Household)	29	35	43
Farmers Market (Per Individual)	98	111	101
Food Bank (Per Individual)	2,287	2,605	3,126
Social Service Contacts (Per Individual)	476	601	675



Food Bank utilization has increased steadily over the past three fiscal years. In FY23, the Food Bank served 2,287 individuals, rising to 2,605 in FY24, and reaching 3,126 individuals in FY25. This represents an increase of approximately 37% over two years, indicating a significant rise in demand for food assistance within the community. The consistent year-over-year growth suggests that more households are relying on food support services, likely reflecting broader economic pressures such as rising food costs, housing expenses, and financial instability. The Food Bank continues to serve as a critical safety net for residents facing food insecurity.