

Waterford Senior Citizens Commission
Regular Meeting Minutes
February 22, 2022
Page 1 of 2

RECEIVED FOR RECORD
WATERFORD, CT

2022 FEB 24 PM 12:06

Members present: Carol Sanders, Rev. James Johnson, Anita Collins, Joyce Vlaun, Dina Lopes, Kathleen McNamara (left meeting at 5:04 p.m.) & D. Judith Crawford

Members absent: Anne Darling

Also present: Robert Brule, First Selectman & Kathleen Pierce, Assistant Director

I. Call to order: Chairlady Sanders called the Waterford Senior Citizens Commission Regular meeting to order at 4:01 p.m.

II. Establish a quorum: A quorum was established.

III. Public Comment: No public comment

IV. New Business: Administration Update

First Selectman, Rob Brule addressed the Commission with information about the development of a human service model that included both family services and senior services. A discussion followed with questions.

V. Approval of the minutes of the January 25, 2022 meeting. Chairlady Sanders asked for additions, deletions, or corrections to the minutes.

MOTION: Motion made by Anita Collins, seconded by Dina Lopes to approve the meeting minutes as presented.

VOTE: 5-0-1 (D. Judith Crawford abstained, Kathleen McNamara left before the vote)

VI. Correspondence

a. Letter with attachments from the Historic Tile Mural Ad Hoc Committee

MOTION: Motion made by Rev. James Johnson, seconded by Anita Collins to accept the recommendation of the Historic Tile Mural Ad Hoc Committee's letter and enclosures regarding the non-tile expenses from the project be divided evenly between the Senior Endowment and the Playground Funds per the report and minutes from their February 17, 2022 meeting.

VOTE: 6-0

MOTION: Motion made by Dina Lopes, seconded by Rev. James Johnson to dissolve the Historic Tile Wall Mural Ad Hoc Committee with gratitude and appreciation from Senior Citizens Commission.

VOTE: 6-0

Waterford Senior Citizens Commission
Regular Meeting Minutes
February 22, 2022
Page 2 of 2

VII. Committee Reports

- a. Budget – FY '23 Budget – March 7, 2022 7:00 p.m. Board of Finance Meeting
- b. Nominating Committee – Reappointment letters for James Johnson, Kathleen McNamara and Joyce Vlaun have been prepared and will be sent out tomorrow.
- c. Transportation Sub Committee – No report
- d. Planned Giving Sub-Committee

MOTION: Motion made by Dina Lopes, seconded by Joyce Vlaun to approve the distribution of the proceeds from the Historic Tile Mural Ad Hoc Committee's project as recommended in their meeting minutes and enclosures.

VOTE: 6-0

VIII. Director/Assistant Director Report for February 2022 (attached)

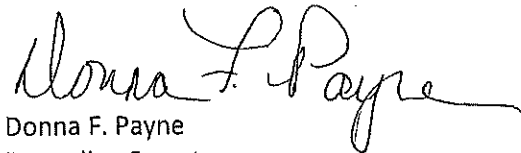
Highlights included: Waterford Senior Services was presented with a Certificate of Recognition as a Community Focal Point from Senior Resources, Agency on Aging. Our 16 week exercise classes are back. AARP tax season has started with 150 slots filled.

IX. Adjournment

D. Judith Crawford moved to adjourn the February 22, 2022 regular meeting of the Waterford Senior Citizens Commission at 5:32 p.m., seconded by Anita Collins.

Motion passed.

Respectfully submitted,


Donna F. Payne
Recording Secretary

FIFTEEN ROPE FERRY ROAD



WATERFORD, CT 06385-2886

TO: Senior Citizens Commission
FROM: Lisa Cappuccio
Director, Senior Services

Kathleen Pierce
Assistant Director, Senior Services

DATE: February 22, 2022

Personal Note From The Director:

This is my last director's report for the commission. I am sorry I am not there but my vacation was scheduled before I knew this would be the last report. I wanted to thank each and every one of you for your support and guidance over these past years. I have appreciated your dedication to our shared goal of providing the best possible services to the seniors of Waterford. Who knew we would be facing the challenges of a world-wide pandemic? Not me! All credit to the staff of Waterford Senior Services. We found ways to keep in communication with the seniors in town, including those most vulnerable to the effects of social isolation. We quickly figured out how to still provide social events while maintaining the utmost in safety. Thank you again from the bottom of my heart. This role has been the culmination of my long career in providing social services to those in need. I take with me your "can do" spirit and enough life lessons from the seniors of Waterford to make the road ahead seem possible, if not still a tiny bit daunting! All my best to all of you as you embark on this new model of service delivery in Waterford. To quote Queen Elsa from *Frozen*, we are all heading "...into the unknown!" May we all go there with open minds and a continued dedication to insuring that the senior members of the Waterford community continue to enjoy the best Senior Services in this region.

Events and Occurances:

On February 9th, Senior Services hosted a Valentine's luncheon for 50 diners. Thanks to commission members Anita and Annie who lent a hand with managing the festivities. There were special surprise guests including First Selectman Rob Brule and Officer Fredericks who brought Officer Hodges with him. Officer Hodges once again proved that he is indeed a very good boy!

A grant application was submitted to Senior Resources, Area Agency on Aging in the amount of \$3,497.00. The purpose of the grant is to purchase electronic equipment that will aid in reducing social isolation amongst seniors. We are planning to use the grant to purchase 12 chrome book laptops for computer classes and a large smart TV to be used by the Open Doors Program.

A request will be submitted to HR for hiring of a new Open Doors facilitator.

Activities & Programs:

We continue to assist seniors in scheduling their Covid vaccines/boosters, obtaining free kits online, testing sites and mask distributions – this has slowed down considerably.

Applications for Energy Assistance – Ongoing (129 so far)

Renter's Rebate: Starts up again 4/1/22

We are back to our *16 week Exercise classes as of November 1st

Strength Training, Movement & Dance, Yoga, Matter of Balance, Healthy Stretch, Hearty Moves, Chair yoga, & Tai Chi

Hybrid (ZOOM) classes continue to be popular

Therapeutic Massage is now being offered 1xM – appointment times are usually booked up.

Computer Tutor is back each Wednesday 1-3, led by a senior volunteer. We will also be introducing some new volunteers from Waterford High School to help with tech tutoring and they will host a 4 week series of classes on basic computing.

More and more people continue to work their way back into the center with card games, board games, making puzzles, quilting and other activities.

Tax season has started with 150 slots filled.

ACTIVITIES and Events:

- Craft & chat Thursdays at 1pm
- 2/1 - Tax Aid program starts
- 2/23, 3/9, 3/23, 4/6, 4/20 BINGO Average attendance has been 45
- 2/11 – Valentine's Day Banquet – 50 Attendees (Filled to set amount)
- 3/17 – St Pat's luncheon
- 3/8 & 3/15 - **FREE Trial of Spin Bike Class 55+**
- 3/22 – Start of 12 week spin bike class
- 4/12 or 4/14 – Cupcake Class
- 4/21 – AARP Smart Driver Class
- Trip to Newport Play House sometime in April
- 5/12 – Older Americans Month Luncheon – Catered by Students at Grasso Tech Culinary School
- 5/17 or 5/19 – Dessert Social “ Home Sweet Home” – Guests from the Waterford Historical Society will be here
- June 29 – Senior Picnic being planned

Daytrips

April – Newport Play House

May – Rockwell Museum - Catacombs of NYC

June – Newport Flower Show – Lighthouse Tour

July – Webster Lake/Whale Watching – Rafting Trip

August – Providence Italian Style

September – Water fire – Winery tour

October – NH Covered Bridge – Providence Jack-o-lantern spooktacular

November – Woodbury Commons (Christmas Shopping)

Extended Travel

Alaskan Cruise setting sail in August of 2022

British Landscapes

Shades of Ireland