

Waterford Senior Citizens Commission Meeting Minutes
September 22, 2020
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2020 SEP 24 AM 9:49

Members Present: Joyce Vlaun, Rev. James Johnson, D. Judith Crawford, Anne Darling, Kathleen McNamara, Anita Collins & Dina Lopes

Members Absent: Carol Sanders

Also Present: Lisa Cappuccio, Director & Kathleen Pierce Assistant Director

Public: None

- I. Call to order: Acting Chair presiding McNamara called the Waterford Senior Citizens Commission Meeting of September 22, 2020 to order at 4:03 pm.
- II. Establish a quorum. A quorum was established.
- III. Public Comment: No public comment.
- IV. Approval of the minutes of the July 28, 2020 Special Meeting. Chairlady McNamara asked for additions, deletions, or corrections to the minutes:

MOTION: Motion made by D. Judith Crawford, seconded by Anne Darling to approve the meeting minutes of July 28, 2020 as presented.

VOTE: 7-0-0

- V. Correspondence
 - a. Community Foundation of Eastern Connecticut – fund statement
- VI. Committee Reports
 - a. Budget – FY 2022 budget due on December 11, 2020 to Finance Director.
 - b. Nominating – It was noted by Joyce Vlaun that during the Representative Town Meeting held on April 6, 2020 via a Zoom Conference the RTM voted in favor to reappoint Dina Lopes and Judith Crawford to new terms on the Senior Citizens Commission from 4/6/2020 to 4/03/2023.

There was a discussion regarding the officers of the commission for FY'21.

MOTION: Motion made by Rev. James Johnson seconded by Anne Darling to move forward with last year's officers continuing in their position until next scheduled term end in April 2021.

VOTE: 7-0-0

Officers – Carol Sanders – Chair
Kathleen McNamara & Joyce Vlaun Co-Vice Chairs

- c. Transportation – Van rides for medical appointments started on September 1, rides to grocery store and errands started on September 11.
- d. Planned Giving – No report. Historic Mural Wall project update - Final tile orders are being completed and delivery is expected soon. Plans for assembling the wall have begun.

VII. Director/Assistant Director Report for September 2020 (see attached)
Highlights included:

There have been 106 rent rebate applications processed with the last day being September 25, 2020. Energy assistance appointments have started. A Flu Shot clinic by appointment is taking place in September, all slots are full. Medicare Open Enrollment will be starting in October by Zoom meeting or telephone.

VIII. New Business – None

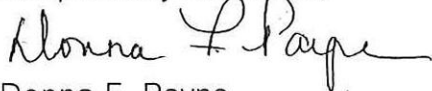
IX. Other Business – None

X. Adjournment

MOTION: Joyce Vlaun moved to adjourn the September 22, 2020 meeting of the Waterford Senior Citizens Commission at 4:52 p.m., seconded by D. Judith Crawford.

Motion passed.

Respectfully submitted,



Donna F. Payne
Recording Secretary

FIFTEEN ROPE FERRY ROAD



WATERFORD, CT 06385-2886

TO: Senior Citizens Commission
FROM: Lisa Cappuccio
Director, Senior Services

Kathleen Pierce
Assistant Director, Senior Services

DATE: September 22, 2020

EVENTS AND OPERATIONS:

Despite a lack of seniors coming to the Community Center on a daily basis, the Senior Services office has remained busy. Each day there are many phone calls and questions to answer.

We have been processing Rent Rebate applications for seniors and disabled residents. Everyone mailed in their paperwork or dropped it in the box behind Town Hall. So far, 106 applications have been taken. This Friday, September 25, is the last day for applications.

Energy assistance has been a different story. We are seeing people for in-person appointments here at the Community Center. The state requires multiple signatures and we just did not see another way to do it. Kathy and Lisa meet with people in the arts and crafts room; we do not allow entrance into the office space. Barb takes everyone's temperature before their appointment and we have phone numbers for contact tracing should that be necessary. The table, chair and pens are sanitized between each appointment. We will also be making visits to AHEPA and Twin Haven. The resident coordinators for each complex are helping us out by copying everyone's documentation before we get there. This will dramatically reduce the time we spend with each person.

Grant update: There were two grants submitted for the Open Doors Program. One was to Senior Resources for Title III funding and one was to the Community Foundation of Eastern CT. Both applications were denied. Senior Resources simply stated that they could not fund everyone. Community Foundation seemed more promising, there were multiple on-phone interviews about our application and the feedback was positive. In the end, the CF poured most of their grant money into agencies providing basic support such as shelter, food, transportation and medications.

We are hosting a drive through flu shot clinic this Friday, the 25th. The shots will be provided by the Visiting Nurse Association of Southeastern CT. At this time, all available slots are filled.

On Friday, October 2nd, we will be providing a "Drive-Out" luncheon: We will drive around town delivering meals to Waterford Seniors. We can accommodate 60 and so far, we have 47 signed up. The meals will be provided through a program that Dani Gorman at the Waterford Youth and Family Services has access to. We will be delivering restaurant prepared meals.

Activities & Programs

Monthly contests and activities with Meals on Wheels (Thank you Hearts, Remote BINGO, Scavenger Hunt, Coloring pages)

Raised Garden Project – ongoing

Pen Pal Program w/ Youth Services - ongoing

Creativity Showcase – Completed in August. Video on Facebook page

Ongoing “check-in” calls to vulnerable seniors

ZOOM Exercises

- Mondays & Wednesdays 11am -Yoga
- Tuesdays & Thursdays 10 am – Movement & Dance
- Wednesdays & Fridays 9:15am – Zumba Gold
- Wednesdays & Saturdays 10am – Tai Chi

ZOOM Classes

- “Chatty Kathy” - Wednesdays at 11am
- “Brain Flex” with Lisa – Thursdays at 11am
- “Food For Thought” First edition was taped on 9/11/2020 and is posted on our Facebook page

DRIVE-IN Concert: 8/13 with Tom Callinan. This was very successful despite the rain

Drive-through flu clinic with VANSE – September 25, 2020

Applications for Renters Rebate through the end of September

Applications for Energy Assistance starting in September

Medicare Open Enrollment starting in October (Zoom or telephone)

Caregiver training (dementia/Alzheimer’s). Series runs for 5 weeks (1xW) ZOOM with HHC Center for Healthy Aging (11/3, 11/10, 11/17, 11/24, 12/1)

**All trips have been cancelled through the end of 2020

** AARP has cancelled all onsite classes & Services through 2020 (Taxes, Smart Driver etc...)



2021 TRIPS: Painted Canyons of the West (6/6/21),
(8/27/21), Costa Rica (10/4/21), Lancaster (10/6/21)

Alaskan Cruise