

Waterford Senior Citizens Commission
Meeting Minutes via Zoom
February 23, 2021
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Members Present: Joyce Vlaun, D. Judith Crawford, Rev. James Johnson & Anita Collins, Dina Lopes, Anne Darling

Members Absent: Carol Sanders, Kathleen McNamara,

Also Present: Lisa Cappuccio, Director, Kathleen Pierce, Assistant Director

Public: None

- I. Call to order: Chairlady Joyce Vlaun called the Waterford Senior Citizens Commission Meeting of February 23, 2021 to order at 4:00 pm.
- II. Establish a quorum. A quorum was established.
- III. Public Comment: No public comment.
- IV. Approval of the minutes of the December 15, 2020. Chairlady, Joyce Vlaun asked for additions, deletions, or corrections to the minutes.

MOTION: Motion made by James Johnson seconded by Anita Collins to approve the meeting minutes of December 15, 2020 as presented.

VOTE: 4-0-2 (Anne Darling and Dina Lopes abstained)

V. Correspondence - None

VI. Committee Reports

a. Budget –

The Board of Selectman passed the Senior Citizens Commission budget as presented. The Board of Finance Hearing is scheduled for March 3, 2021.

b. Nominating Committee -

The following three candidates are up for re-nomination. Anita Collins, Anne Darling and Carol Sanders.

c. Transportation Sub-Committee

One of our vans will be replaced this year through a grant.

d. Planed Giving Sub-Committee- Nothing to report

- VII. Director/Assistant Director Report – Topics discussed were related to COVID Vaccine Appointments, Outreach to Community Residents as requested, Activities planned for March.
Lisa Cappuccio mentioned the loss of Barbara Pitkin to Youth Services and the strain it is having on the Senior Services Department at a time when COVID vaccines are being scheduled for many seniors and the abundance of telephone calls for AARP tax appointments.
- VIII. New Business – A vaccine clinic is being scheduled for Sunday, February 28 with LedgeLight and Senior Services.
- IX. Other Business - None
- X. Adjournment

Anita Collins moved to adjourn the February 23, 2021 meeting of the Waterford Senior Citizens Commission at 4:44 p.m., seconded by D. Judith Crawford.

Motion passed.

Respectfully submitted,



Barbara J. Pitkin
Recording Secretary

FIFTEEN ROPE FERRY ROAD



WATERFORD, CT 06385-2886

TO: Senior Citizens Commission
FROM: Lisa Cappuccio
Director, Senior Services

Kathleen Pierce
Assistant Director, Senior Services

DATE: February 19, 2021

Events and Operations:

The budget has passed the first hurdle of the very long approval process. The Board of Selectman passed the Senior Citizens' Commission budget as presented.

Staffing and the COVID-19 Vaccines:

First Selectman Brule has made the decision to move Barbara Pitkin from our front desk to the Waterford Youth and Family Services dept., as you know. This happened at the exact same time that the State of Connecticut widened the pool of seniors eligible to get a COVID-19 vaccination. We are feeling Barb's absence rather acutely as we scramble to help Waterford seniors navigate the process of getting a vaccination. Unfortunately, there are many different on-line applications and very few open appointments. The process is very hit or miss so far.

Activities & Programs

- 1) Waterford Senior Services was awarded a 5310 grant from the CT Dept. of Transportation. This will allow us to replace our oldest mini bus which has reached the end of it's useful life. We are awaiting the final sign off from the state to begin the procurement process.
- 2) We have also received a small grant from the CT Dept. of Aging and disability in the amount of \$2,500. We can use this to be reimbursed for any COVID related expenses between March of 2020 and March of 2021. We will recoup the costs of the banners for the buses. We have also purchased touchless sanitizer dispensers for all around the Community Center. We have some currently, but they must be pumped by hand to get the sanitizer. We will also be able to get back the cost of our ZOOM membership.
- 3) Ongoing "check-in" calls to vulnerable seniors
- 4) Scheduling vaccine appointments.

- 5) Tax calls – AARP virtual tax returns started 2/16/21. Volunteers scan documents at the CC and then taxes are done remotely. People return to the CC to sign returns. AARP volunteers scheduling appointments. Lots of calls with questions about taxes!
- 6) Applications for Energy Assistance, ongoing through April
- 7) Medicare Open Enrollment for Medicare Advantage (Ends March 15th)
- 8) Lisa & Kathy Choices recertification process and trainings 2/25 & 3/9

ZOOM Exercises - Now producing revenue! Classes are \$68 and run from 2/1/21 – 6/30/21

- Mondays & Wednesdays @ 9:30am Strength training
- Mondays & Wednesdays 11am -Yoga
- Tuesdays & Thursdays 10 am – Movement & Dance
- Wednesdays & Saturdays 10am – Tai Chi (done privately – we do not charge)

ZOOM Classes

- “Chatty Kathy” - Wednesdays at 11am
- “Brain Flex” with Lisa – Thursdays at 11am
- Guided Imagery – Fridays at 1pm (Jim Johnson, Facilitator)
- “Food For Thought” Monthly – Facebook live
- 2/23/21, 3/31/21 & 4/23/21 – **ZOOM BINGO!**
- 2/24/21 -Cocoa with Kathy on ZOOM (and Mystery guest) Goodie bags made up
- 3/3/21 – Board of Finance 7pm
- 3/17/21 – St Patrick’s Day Drive –Thru meal 12-1pm
- 3/25/21 – ZOOM Craft event – Mask keepers
- 4/9/21 – CT Humane Society Zoom presentation
- 4/16/21 – Garden Club meeting on ZOOM

****Looking at September for possible Picnic at Waterford Beach**

****2021 TRIPS:** Still hoping to bring back day trips and longer overnights this summer