

RECEIVED FOR RECORD
WATERFORD, CT

2022 OCT 27 P 2: 53

Members Present: Carol Sanders, Dan Rissi, Anne Darling, Jody Nazarchyk, Dina Lopes
Anita Collins

ATTEST: *Dina Lopes*
TOWN CLERK

Members Absent: Joyce Vlaun, Kathleen McNamara

Also Present: Dani Gorman, Human Services Administrator, Terry Wheeler, Assistant
Director, Heidi McSwain, Human Services Coordinator, Meaghan
Lineburgh, staff

Public: Helen Kwasniewski

- I. Call to order:
Chairlady Sanders called the Waterford Senior Citizens Commission Regular Meeting
of October 26, 2022 to order at 4:00 p.m.
- II. Establish a Quorum: A quorum was established.
- III. Public Comment: Helen Kwasniewski spoke on assistance received from Senior
Services..
- IV. Approval of the meeting minutes of the Regular Meeting of June 28, 2022.
Chairlady Sanders asked for additions, deletions, or corrections to the minutes.

MOTION: Motion made by Jody Nazarchyk, seconded by Anita to accept the
meeting minutes as presented.

VOTE: 6-0-0

- V. Correspondence: Finance – in-series transfer
Town Clerk – Meeting date Schedule

Discussion on meeting dates for 2023

MOTION: Motion made by Dan Rissi, seconded by Dina Lopes to approve the
Meeting dates for 2023 as presented.

VOTE: 6-0-0

- VI. Endowment Fund
Discussion on endowment fund.

MOTION: Motion made by Anita Collins, seconded by Anne Darling to increase the
amount of support from \$500 to \$800 from the Endowment Fund grant.

VOTE: 6-0-0

MOTION: Motion made by Jody Nazarchyk, seconded by Dan Rissi to request a \$3,200 appropriation from Community Foundation of Eastern Connecticut to replenish the Endowment Fund.

VOTE: 6-0-0

VII. Committee Reports

- a. Budget – no report
- b. Nominating Committee – no report
- c. Transportation – no report
- d. Planned giving – Will meet in January 2023

VIII. Director/Assistant Report for October (see attached)

Highlights included 160 Rent Rebate applications, 145 Energy applications, Fitness programs continue with a new dance class starting in October.

IX. New Business – Planned Giving Sub-Committee to meet in January 2023 regarding the Endowment Fund.

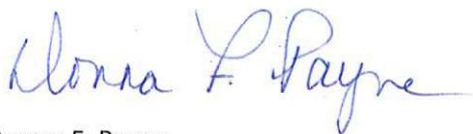
X. Other Business – None

XI. Adjournment

Jody Nazarchyk moved to adjourn the October 26, 2022 Regular Meeting of the Waterford Senior Citizens Commission at 5:12 p.m., seconded by Anne Darling

Motion passed.

Respectfully submitted,



Donna F. Payne
Recording Secretary

To: Senior Citizens Commission
From: Dani Gorman, Interim Director of Senior Services
Cc: First Selectman Rob Brule
Re: Senior Services Activity Report **(October 2022)**
Date: October 25, 2022

Current Projects & Programs:

Human Services / Social Services:

DSS Renewal Paperwork (SNAP, Medicare, QMB, SafeLink) – 8
SNAP – 9
Housing – 9 hm
MOW – 5 new applications
Other (Handicap resources/equipment, AC Units, Home Health Aide, SSI, home repairs) – 21
Renters' Rebate – 160 Applications, \$81,516 in benefits awarded
Energy Applications – 145
Farmers' Market Coupons – 98 (\$24 coupon booklets)

Home Visits: 8

New Clients: 9

Waterford Care Team Cases (formerly recognized as the "Hoarding Task Force" which includes residents of all age groups)
of Active Cases: 7

Total # of Housing Assistance Cases for the Elderly / Disabled: 6 dg

Meals on Wheels (MOW) Recipients: 19

Well-Being Checks: 6

Website Updates: on-going

Exploring online payments and an added platform on Rec Desk – discussion about costs

Veterans' Coffeehouse at Filomena's: 61

Victoria Garden Coffeehouse: 14

Mental Health Services 1/1 Individual Counseling and Group: 10

Program Report is attached

Programs and Projects in Planning - Terry

Waterford Senior Services Programming

- September's Beach Day and Ocean House daytrips were well attended and feedback was extremely positive.
- Halloween Luncheon: October 19: magician Pete Haddad, trivia game, catered by Nanas Byrek of Waterford. We added nametags at the sign-in desk, which helped with making it more personalized for both staff and seniors
- Apple Cider and Cinnamon Sugar Donuts Social: 10/20. It was a fun opportunity for Terry, Jen and our interns to mingle with the seniors. It provides the opportunity to get to know them better, promote programs, answer questions, and listen to suggestions. A free social is planned for each month. November- Pie and coffee, December- Cookies, Cocoa and Carolers
- Daybreak Cafe' lunch numbers have increased a little more than 400% since the introduction of our Lunch and Learn series. We have had Ryan McNamara from Recreation and Parks and Kathy Peterson from Fire Safety thus far..
- Open Doors, our memory loss program, began October 11, providing a much needed service to our seniors with Alzheimer's/memory loss. Jennifer Bracciale designs and facilitates the program.
- Fitness Programs continue to be a big draw (14- 30 participants). A new dance class, Gentle Dance Mix Tap/Jazz/Ballet with Kristin Burrows began October 19. We expect it will continue to increase in popularity due to the positive feedback. 8 participants thus far.
- BINGO and Bunco (26) numbers remain high. Bingo (50+) Lunch (30+) is a popular event preceding BINGO.
- Pickleball is trending in the nation, as well as in Waterford. We offer indoor Pickleball Mondays, Tuesdays and Fridays 11:45- 2:15 with high turnout. 20 participants.
- The seniors are excited about a program they helped create Jolly Potluck- a senior community potluck dinner, December 8.

Transportation provided between 07/01/2022 and 09/30/2022**Filters:**

Age: >=0

Site(s):

Deceased: No

Archived: No

Group: In group - Transportation

Category	Duplicated	Unduplicated
Activities - Social	125	21
Banking-Personal	8	6
Barber/Hair - Personal	36	8
Errands - Personal	88	23
Medical	220	55
Shopping - Personal	21	12
Social	7	1
Totals	505	68

Total Undelivered Count: 0

[View all People](#)

SSEDU1A - Brain Flex	11
SSEDU1A - Gardening Club	3
SSEDU1A - Quilting - Monday	16
SSEDU1B - Quilting - Wednesday	11
SSEDU2B - Creative Matters- Seashell Ornaments	3
SSEDU2B - Creative Matters-Clay Diffuser Ornaments	1
SSEDU2B - Creative Matters-Clouds with Christine	2
SSEDU2B - Quilting Wednesday	0
SSEDU2B - Telling Your Story Through Scrapbooking	0
SSEDU2B - Wreath Making Workshop	1
SSEDU2C - Book Club- As The Page Turn	0
SSEDU2D - Open Doors	0
SSFIT1A - A Matter of Balance	11
SSFIT1A - Chair Yoga	13
SSFIT1A - Healthy Stretch	14
SSFIT1A - Line Dancing	17
SSFIT1A - Pickleball	29
SSFIT1A - Spin 50+	6
SSFIT1A - Strength I	21
SSFIT1A - Walking Club	4
SSFIT1A - Yoga	14
SSFIT1A - Zumba Gold	22
SSFIT1B - Healthy Stretch - Zoom	3
SSFIT1B - Strength II	21
SSFIT1C - STRENGTH ZOOM	29
SSFIT2B - A Matter of Balance	6
SSFIT2B - Chair Yoga	4
SSFIT2B - Gentle Dance Mix	5
SSFIT2B - Healthy Stretch	13
SSFIT2B - Line Dancing	18
SSFIT2B - Non-contact Karate with Sensei Ralph	0
SSFIT2B - Spin Cycle Light	1
SSFIT2B - Strength B	22
SSFIT2B - Yoga	12
SSFIT2F - Strength A	19
SSFIT2G - Strength C Zoom	11
SSGAM1A - BUNCO	22
SSGAM1A - Canasta II	7
SSGAM1A - Casual Bridge	6
SSGAM1A - Cribbage	8
SSGAM1A - Ping Pong	18
SSGAM1A - Pinochle	17
SSGAM1A - Pitch	11
SSGAM2I - Beginner Ping Pong	1

SSGAM2A - Mahjongg Beginner Class	0
SSHEA1A - Podiatry Clinic	0
SSHEA1A - SSHEA-1A Walking Club	10
SSLUN1A - Daybreak Café	13
SSLUN1B - Bingo Lunch 7/13	24
SSLUN1B - Bingo Lunch 9/14	19
SSLUN1C - Bingo Lunch 8/10	26
SSLUN1D - Daybreak Café 8/4	14
SSLUN1D - National Senior Center Lunch	50
SSLUN1F - Daybreak Cafe 8/18	6
SSLUN1G - Doo Wop Review	0
SSLun1H - Daybreak Cafe 9/1	8
SSLUN1I - Daybreak Café 9/8	15
SSLUN1J - Daybreak Café 9/15	7
SSLUN1K - Daybreak Café 9/22	14
SSLUN1L - Daybreak Cafe 9/29	0
SSLUN2B - Halloween Luncheon	2
SSLUN2B - Lunch & Learn- Andy Staunton	0
SSLUN2B - Lunch & Learn- Carol Sanders	0
SSLUN2B - Lunch & Learn- Christine Johnson & Jill Ac	0
SSLUN2B - Lunch & Learn- Eric Fredricks and Hodges	0
SSLUN2B - Lunch & Learn Kris Sortwell Alzheimer Ass	0
SSLUN2B - lunch and Learn- Kathy Peterson & Mark G	0
SSLUN2B - Lunch and Learn-Ryan McNamara	4
SSLUN2C - Bingo Lunch Dec. 7th	0
SSLUN2C - BINGO Lunch Nov. 16th	0
SSLUN2C - BINGO Lunch Oct. 26	2
SSLUN2C - Veteran's Day Luncheon	0
SSLUN2D - Holiday Luncheon	0
SSLUN2E - Jolly Potluck	0
SSLUNC1G - Daybreak Cafe 8/25	12
SSLUNCH1C - Daybreak Café July 28th	12
SSSCP2E - Movie Matinee October 11th	0
SSSP2C - Cookies, Cocoa and Carolers	0
SSSPC1A - Ice Cream Social	17
SSSPC2A - Happy Fall! Apple Cider and Doughnuts	1
SSSPC2B - Thankful for You! Pie and Coffee	0
SSSPC2D - Gifts for Grandchildren	1
SSSPC2F - Movie Matinee Dec. 20th	0
SSTRP1A - BeachDay	14
SSTRP1A - OceanHouseTour	15
SSTRP1A - Out to Lunch with Jen 7/12	11
SSTRP1A - Providence-Italian Style	5
SSTRP1B - Out to Lunch with Jen 8/17	11

SSTRPIE - Charles Riverboat Cruise	14
SSTRPIF - Big E Trip	0
SSTRP2BSIGHT&SOUND D - Sight & Sound - David	6
SSTRP2D - Woodbury Common Outlets	0
SSTRP2E - New York City Free Time Trip 12/3	1
SSTRP2F - Newport Playhouse Cabaret 12/7	4
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